

Belmont High School

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YEAR 7 SPORT ORGANISATION TERM 1 2019

Welcome to Belmont High School Sport Year 7 2019. We look forward to giving Year 7 some great opportunities in sport throughout our Thursday afternoon sporting activities. For Term 1, Year 7 will be participating in the Year 7 Sport Program which consists of four weeks of *Tabloid Games (weeks 2-5)* to take place at school, and 5 weeks of *Aquatics (weeks 6,7,8,9,11)* at Swansea Pool. Please note that our Annual Cross Country Carnival will be held on Thursday April 4th (week 10) and there will be no school sport on that day. As of Term 2, Year 7 students will be given the opportunity to choose their Thursday afternoon sport for one term, undertake Rock and Water for one term, and undertake a Resistance Training Program for one term. Classes will rotate through these options one at a time in their class groups.

Please read the following information regarding the **Aquatics Program** beginning on **March 7th**.

AQUATICS PROGRAM - WEEKS 6, 7, 8, 9, 11

Year 7 will be travelling by bus to Swansea Pool for aquatics/lifesaving each Thursday. All students will be required to pay **\$45** at the front office to cover the cost of **pool entry and bus travel** for the 5 weeks (any student experiencing financial difficulty please contact Mr Lambkin).

All students will participate regardless of ability. There will be a specific group for non-swimmers, involving basic activities in shallow water.

Students will need to bring *swimmers, towel, sunscreen, water bottle, plastic bag for wet gear and enthusiasm for participation!*

Thank you for your cooperation!

Geoff Robinson – Principal _____ Brett Lambkin - Sports Organiser _____



-----CUT OFF & RETURN THIS SECTION -----

YEAR 7 AQUATICS CONSENT FORM

I give permission for my child _____ to attend and participate in aquatics/lifesaving activities for sport from Thursday 7/3/2017 (week 6) at Swansea Pool.

My child would be best suited to level: **(please tick one only)**

Non-swimmer. Chest deep activities only.

Up to 50 metres. Most students will undertake this level.

100 metres plus. Extended floating drills and clothed survival sequence for strong swimmers.

I understand that students will need to pay **\$45** at the front office for bus travel and pool entry. I also understand that the bus will bring my student back to school and that my child will be supervised until 3:10pm.

Signed _____ (Parent/Guardian) Date: _____

I will achieve my potential

Principal: Geoff Robinson

All correspondence to: P O Box 2345 Gateshead NSW 2290
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