

CANTEEN MENU

Term 4, 2021

Belmont High School



HOT FOOD

* Lean Meat Pie	\$3.00	* Noodle Cup (1 flavour per day)	\$2.00
* Lean Sausage Roll	\$2.50	* Chicken Burger	\$4.50
* Vegemite Scroll	\$2.00	(Lettuce, Mayo, 100% Breast Fillet)	
* Ham and Cheese Roll	\$2.00	* Sweet Chilli Burger	\$4.50
* Spinach and Ricotta Roll	\$3.00	* Other burgers	
* Spring Rolls (4)	\$2.50	(one of the following available each week)	
* Chicken Fingers (5)	\$3.00	○ Chicken BLT	\$5.50
* Nachos (Mon and Wed)	\$5.00	○ Chicken Parma	\$5.50
* Vege Nachos	\$5.00	○ Hamburger	\$5.00
		○ Chargrilled Chicken (CC)	\$5.00

SANDWICHES

* Salad	\$3.50	* Chicken and Cheese	\$3.00
* Ham, Cheese, Tomato	\$3.00	* Egg	\$3.00
* Cheese and Tomato	\$2.50	* Egg and Lettuce	\$3.00
* Ham and Cheese	\$2.50	* Curried Egg	\$3.00
* Ham	\$0.50	* Curried Egg and Lettuce	\$3.00
* Ham and Salad	\$4.50	* Chicken, Lettuce, Mayo	\$3.00
* Chicken and Salad	\$4.50	* Chicken and Avocado	\$4.50
* Cheese	\$2.00	* Vegemite	\$2.00
		* Vegemite and Cheese	\$2.50

WRAPS/SUBS

* Carrot, Lettuce, Chicken, Grated Cheese	\$3.00
* Chicken Caesar Wrap	
* One of the following available per week:	
○ Chicken Caesar Subs	\$5.50
○ Mexican Meatball Subs	\$5.00
○ Peri Peri Wraps	\$5.00

SOUPS

* 2 of the following per day	\$4.00
○ Moroccan Vegetable Soup	
○ Chicken & Corn Soup	
○ Pumpkin Soup	
○ Pea & Ham Soup	

DRINKS

<ul style="list-style-type: none"> * 600ml Plain Milk \$1.50 * 500ml Flavoured Milk \$3.00 Chocolate, Strawberry * 300ml Flavoured Milk \$2.00 Chocolate, Strawberry, Vanilla * Small Juice \$2.00 Orange, Orange Passionfruit, Apple, Pineapple, Apple Blackcurrant * Juice Bombs \$2.00 Grape, Watermelon, Lime, Orange Passion 	<ul style="list-style-type: none"> * Up and Go \$2.00 Chocolate, Vanilla, Banana, Caramel * Poppers \$1.50 Apple, Apple Blackcurrant, Paradise Punch * Waterfords Lightly Sparkling Water \$2.50 * Water \$1.50 * Mount Franklin Flavoured Water \$2.00 Lemon Lime * Coke Zero \$2.50
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SNACKS/ICE BLOCKS

<ul style="list-style-type: none"> * Grain Waves \$1.20 * Small Chips – Plain \$1.20 * Low Fat Choc Mousse \$1.00 * Yoghurt Tubs \$2.00 Vanilla, Passionfruit, Strawberry * Low Fat Choc Muffins \$2.00 * Fresh Fruit \$1.00 Apples, Oranges, Bananas, Watermelon 	<ul style="list-style-type: none"> * Watermelon Tub \$2.00 * Fruit Salad Tub \$3.00 * Jelly (1 flavour per day) \$1.00 * Frozen Juice Cup \$1.00 Apple Blackcurrant * Juicies \$1.00 Lime, Blackcurrant, Orange, Raspberry * Moosies \$1.50
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WEEKLY SPECIALS

MONDAY AND WEDNESDAY

* Ham and Cheese Toastie \$3.50

TUESDAY AND THURSDAY

* Risssole and Gravy Roll \$5.00

* Spaghetti Bolognese \$5.50

FRIDAY

* Ham and Cheese Toastie \$3.50

* Chicken and Gravy Roll \$4.50

WEEKLY ROTATIONAL

(1 available per week)

* Vegetarian Fried Rice \$4.00

* Stir Fry \$5.50

* Dumpling Soup \$4.50

* Gourmet Chicken
Toasted Sandwich \$4.50