Quantum

October 2017



Building Harmony and Success

We acknowledge the traditional custodians of this land and pay our respects to elders past and present

PRINCIPAL'S MESSAGE

Phone: (02) 49450600 www.belmont-h.schools.nsw.edu.au

Year 12 HSC

Year 12 have started their HSC this week and all reports back from the students so far have been positive. The exams at Belmont High School go through until 7 November. After completion of their last exam, year 12 students can complete the sign out process after collecting a leaver's form from the office.

Year 11

Year 11 completed their Preliminary Course at the end of last term. Well done to students for their great results. Interviews will be held on Friday for year 11 students to confirm their subjects for year 12. Students have been advised of individual interview times.

Belmont Probus Club

On Monday I had the pleasure of accompanying school captains Jake Foster and Jessica Noble when they spoke to the monthly meeting of the Belmont Probus Club. The captains spoke to the club about their background, their interests inside and outside of school and their aspirations when they leave school.

Jake and Jessica did a great job of presenting themselves to the club as well as promoting Belmont High School in the wider community. A highlight of the meeting was meeting club members who were former students at Belmont High School including captains and vice captains of the school.

Jake and Jessica are pictured here with Jeff Bromage, BHS school captains from 1961.



DATES FOR YOUR DIARY

October

HSC exams begin 16

16-20 Bandfest

20 Year 11 interviews

Year 11 & 12 vaccinations

November

HSC exams last day

13 Year 5 visit & parent information

evening

14-15 Love Bites Year 10

15 P&C Meeting

21 Positive Lifestyle Day Year 9

December

Yr 7 2018 Parent Information Night

Yr 7 2018 Orientation Day

BHS Presentation Evening

11 Yr 10 Rewards Evening

Yr 8 Rewards Excursion 12

I ant Day for Childonto

Year 7 enrolments

We are working closely with our primary schools on the enrolment process for year 7 2018. Planning is also underway for the year 6 orientation day to be held on Tuesday 5 December with details to be provided to year 6 parents and students shortly. If parents of year 6 students have not submitted their enrolment forms to the office please do so as soon as possible so you do not miss out on organisation for any events planned this term.

Planning is also underway for "A day at Belmont High School" for current year 5 students who will be enrolling at Belmont High School for year 7 2019. This day is scheduled for Monday 13 November. Information on this day will also be sent out to primary schools shortly.

> Geoff Robinson Principal

HAVE YOU FOLLOWED US ON FACEBOOK YET? https://www.facebook.com/BelmontHS/

P&C REPORT

At our last P&C meeting in September we agreed to purchase new sports uniforms for Rugby League, Soccer, Touch Football and Basketball. This money comes from all the hard work that our Canteen ladies and volunteers put in so that we can put the profits back into the school. On average we do that to the tune of around \$30,000 each year!

At our next meeting is tonight, Wednesday October 18, 5:30-6:30pm we will be keeping an eye on the school's redevelopment, hearing from our Principal and continuing to find ways of supporting our school. If you are able to join us we would love to have your input. I hope to see you there.

Stephen Taylor P&C President P&C MEETING
The next P&C
meeting will
be held
Wednesday
October 18,
2017 at 5.30pm
in the staff
common room.
Everyone
welcome to
attend.

ATTENDANCE

Arrive on Time – Every Day

All parents and students are reminded that school commences at 9.00am every day. Students are expected to be prompt to Period 1 (or Period 0 for some Senior Students), in correct uniform and seated ready for Roll Call and Daily Notices.

Late arrivals - Students arriving after 9am must sign in at Student Services and receive a late slip. If a late arrival does not sign in, they remain recorded as absent for the whole day. This impacts on the official attendance data recorded on the front of your child's school report.

Parents or carers must notify the school if their child is arriving late, and provide a **valid reason**, otherwise it will be recorded as unexplained – partial truancy. Notification to the school can be via any of the following methods:

- Skoolbag app
- Email
- Written note
- Phone call to the school
- Reply text to a truancy or late arrival notification
- Escort your child to the Student Services Office to sign them in

Valid reasons for arriving late to school include: medical or dental appointment, exceptional family circumstance (such as a death/illness in the family), being sick or having an infectious disease. Absences for the following reasons are not justifiable: shopping, hair appointment, sleeping in, minding younger siblings, birthday.

Students who regularly arrive late without a valid reason, or truant lessons will be placed on Monday Period 6 detention (2.10 to 3pm).

Kristen Gee Head Teacher Administration



EXCITING NEWS!!!

Some of the Hunters most inspiring sporting stars have been chosen to carry the 2018 Commonwealth Games Queen's Baton through Newcastle on February 3 and Belmont High is very proud to announce that 2 of our very own are among the chosen.

Congratulations to Brett Austine from our PDHPE faculty and Year 10 student Jessica Pickering for being honoured with this wonderful opportunity to be a part of this international event. All of us here at Belmont High are extremely proud of you both and excited to share this experience with you.





NSW SCHOOL VACCINATION PROGRAM 2017

School vaccination clinics continue into Term 4 Week 3, Tuesday October 24, 2017

WHAT IF MY CHILD HAS MISSED A VACCINE

If your child has missed any vaccinations they will be offered any missed doses at the next clinic at their school.

WHAT IF MY CHILD HAS NOT RECEIVED ALL HPV VACCINES BEFORE THE END OF 2017? Any year 7 student with missed doses of HPV vaccine can be caught up in 2018.

ADDITIONALLY:

Any 2017 year 8 student who commenced HPV vaccination while in year 7 and is yet to finish the course of HPV (and who has not received any from their local doctor) can still receive this at the next clinic at their school.

Any year 11 or 12 student who returned a signed consent card for Meningococcal ACWY vaccine and did not receive this in Term 2 (and who has not received it from their local doctor) can still receive this at the next clinic at their school.

Please note:

As of July 2017 <u>any</u> **student** who has missed school program vaccines or any childhood vaccines can now receive these vaccines from their local doctor. For more information please refer to <u>www.immunise.health.gov.au</u> and click on "National immunisation program – expansion".

Don't forget a Record of Vaccination is given to each student for each vaccination. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

Any questions, please visit the NSW Ministry of Health website at:

http://www.health.nsw.gov.au/immunisation/Pages/schoolvaccination.aspx

SCIENCE

Science students off to Mars!

Belmont High School students will travel to Mars next year aboard NASA's InSight Lander vehicle. Actually, their names have been etched on a chip that will make the 55 million km trip to the red planet – and a boarding pass to prove it! Launching in May 2018, and landing on Mars in Nov 18, students will explore the trajectory of the Atlas rocket's journey and all the geophysical data returned. The data will give new 'insights' to the terrain and composition of our nearest neighbour directly from NASA in real time.



Andrew Walker Science

YEAR 12 GRADUATION





















CREATIVE & PERFORMING ARTS

MUSIC

The community is buzzing after our stage band's performance at Bandlink, at Valentine Public School towards the end of last term. Conversations were overheard in the school holidays between parents of local school students in which amazement was expressed at the superiority of our Band program compared to that of other local high schools. All students who gave up their Sunday to perform at this event are to be commended for growing the excellent reputation of our school.

If you want to attend the world's biggest and best fete, you are more than welcome to come to the Jewells Public School Fete and hear our band play at 11am on Sunday October 22. We look forward to representing our school at this fabulous event as we continue to educate the community about what a wonderful school this is! It is our pleasure to support our good friends at Jewells Public School in their stellar fund-raising efforts.

This week we compete in the ever-popular regional Bandfest Eisteddfod. Supporting parents and friends are very welcome to attend Lake Macquarie Performing Arts Centre in Lake Street, Warners Bay on Thursday 19th and/or Friday 20th October as we again compete with regional bands for the gold. Our Stage Band, Concert Band, Percussion Ensemble and small instrumental ensembles are all competing in this important event of the year.

On Wednesday October 25, selected students will present a concert to the residents at Narla Village Nursing Home, Belmont. This follows our successful Mother's Day concert earlier in the year and promises to be a rewarding experience for performers and audience alike. Thank you to all performers for their willingness to serve the community by sharing their musical gifts and to James Hayman of Year 8 for helping to organise this event.

Our singers are busy preparing for Music Count Us In at Lambton High on Thursday November 2 and Carols by Candlelight at Eastlakes Salvation Army on Sunday December 3. Congratulations to our resident rock band `Empire' which has been successful by audition to compete in the Band Width competition at Hunter School of the Performing Arts on November 3. Our own school events such as the Reading Party and Presentation Night are also looming and all students are busy preparing new repertoire for this very busy time of year.

All instrumentalists and singers are enjoying the input of our practicum teachers Mr Steven Logan and Mr Jarrod Gibson and we thank both teachers for their willingness to involve themselves in all of the class and extra-curricular busyness of the CAPA Music Department at Belmont High.

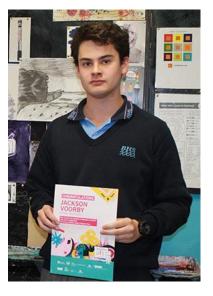
Yours in music Mrs Susan Johnson, Mr John Gill, Mrs Alison Gill

VISUAL ART

Belmont High received some very exciting news last term for one of our talented art students. We are pleased to announce that Jackson Voorby's artwork titled 'Friendship' has been selected as one of the top 50 works to tour regional art galleries, including the launch at the NSW Art Gallery, as part of Operation Art, a premier statewide visual arts exhibition for school students from Kindergarten to Year 10.

Jackson's work is amazing and has been created using 'stippling', an ink drawing technique where you apply tone and texture in small dots. Congratulations Jackson! You have an outstanding talent and we look forward to seeing more of your artwork in the future.

Well done Jackson!





During Term 2 all Year 7 students completed a unit of work in Visual Art looking at portraiture. After learning new techniques and skills the students are then required to complete a large-scale tonal portrait of a 'famous' Australian of their choice. Once completed we hang all the portraits in J Block for our very own Belmont High School version of the Archibald Prize. This year we had three winners of separate categories.

Congratulations to all students for completing this awesome task! Congratulations to the winners!

Principal's Choice: Lucy Sargent - 'Bindi Irwin'
Teacher's Choice: Trinity Bell - 'Garth McGregor'
Student's Choice: Bodhi Pevy - 'Crocodile Dundee'



Carla Feltham Visual Arts

TRANSITION

Work Inspirations

During week 9 of Term 3, 6 of our Year 10 students participated in the unique work experience model offered by Vision Property Finance at Lake Macquarie Fair and The Smith Family.

Work Inspirations enables students to fully understand the employment opportunities within the finance industry while also providing valuable feedback to the company through the 'eyes of our younger generation'.

This partnership is such a valuable learning experience for all involved. On behalf of BHS we would like to thank VPF, The Smith Family and our 6 wonderful ambassadors for our school.





Congratulations to Olivia Reedman, Olivia Black, Emily Franklin, Will Morrow, Kai Bates and Ben Vanderclay on your participation and involvement in the program.

Youth Frontiers

Youth Frontiers is a youth mentoring program aimed at students who have the capacity to benefit from youth mentoring that focuses on leadership and civic engagement while developing a community project over a 6 month period.

Below is a brief overview of the student projects that will be presented at the Youth Frontiers Showcase at the Newcastle Exhibition & Convention Centre on November 1.

My project is on raising awareness for Anaphylaxis and teaching students how dangerous it could be if you do have this allergy. Anaphylaxis is where some children or adults are allergic to certain foods, medicines, insects or latex. When they come into contact with these things they develop symptoms such as hives or shortness of breath. This is known as an allergic reaction. I am trialling an information/game session with my class to show how dangerous it could be for people with an allergy like me.

Tayah Year 9

Our project is a mural to highlight the issue of bullying. We will paint a wall in our school so everyone can see it.

Odin and Harrison Year 8

My project is based on implementing a resourceful recycling program in our school. I have recycled cardboard boxes and decorated them to be visible to the students. My goal is to put a recycling box in each classroom. The impact I would like to have on the school is that we can recycle all paper used in classrooms and not put more paper in landfill.

Mia Year 8

I am planning to have the Belmont High choir perform at Narla Village and to also take the time to talk with the elderly residents and share morning tea with them. Some of them may not have anyone to visit them and I am hoping this will make them feel better.

James Year 8

Our project focuses on raising awareness for Progressive Supranuclear Palsy (PSP). This is a rare disease that affects the brain, disabling a person's speech, balance and movement. Our motivation for this project comes directly from a family member battling this disease. We attended the Living Smart Festival and set up a stall in conjunction with Belmont Neighbourhood Centre. We handed out brochures and flyers regarding PSP and the activities available at the centre. We are determined to raise awareness in our community.

Abby & Layne Year 9

I am raising awareness for childhood cancer. Instead of donating money I am donating care packages so children can go through treatment not worrying if the treatment is going to work, but knowing they have objects to comfort them through this process of treatment.

Bonnie Year 9

Mental Health is increasingly affecting today's youth. Youth today are finding it hard to cope and hard to talk to people and don't want help. National R U OK? Day provided awareness and a small release through listening to music at the silent disco. I organised the silent disco because only you can hear what's going on in your head and on the outside people see you normally.

Holly Year 9

Karen Newmnan Transition Coordinator

SPECIAL EDUCATION

Visit to Maitland Gaol and Maitland Art Gallery - Sensory Art

Students really enjoyed their day out visiting Maitland Gaol and the experience of touching the art works at Maitland Art Gallery. Some of the art works were created into body parts which became musical instruments. The sensory art room was enjoyed by all the students.

Lisa Shaw Special Ed Teacher

















SPORT REPORT

As the year starts to come to an end, it's time to start getting teams organised for Sport Knockout and Gala competitions. If you are interested in joining a school team, building skills and competing against local schools, then it is time to start encouraging your friends and peers and create a team.

The list of knockout sports we have nominated our school to participate in is lengthy and ranges from tennis and lawn bowls to water polo, rugby union and softball! The staff involved in coaching these sports are great and would love to have some keen team members!

List of sports below:

AFL Rugby League

Baseball Soccer Basketball Softball Cricket Tennis

Hockey Touch Football
Lawn Bowls Volleyball
Water Polo

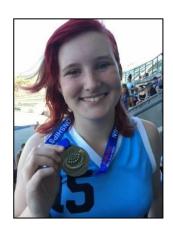
Please see Miss Fagg in the PE staffroom to write your name down if you are interested. It would be great to start some training sessions this year so that we are prepared for our busy Term 1.

Sport Captains 2018

Now looking for nominations for students from years 10 and 11 (year 11 and 12 in 2018), to fill the positions of House Captains for 2018. The first carnival is the swimming carnival in week 2, Term 1 next year. House Captains are required to attend all school carnivals, dress up in their house colours and encourage their house group to participate in as many events as possible to gain house points. If you are committed, enthusiastic and love a dress up, then please see Miss Fagg to put your name down!

Athletics news

Congratulations to our talented athlete, Ashlyn Blackstock of year 8. Ashlyn competed at the NSW All Schools Athletics Championships at SOPAC on the 13th of October. Ashlyn achieved a Gold medal in both Discus and Shot Put and will now proceed to the All Schools Championships which are being held December 8-10 in Adelaide.





Basketball

Kayne Gilmore of year 8, usually recognised as one of our elite Athletics competitors, has now spread his talents to Basketball. Kayne was accepted into the NSW Basketball State Performance program and was invited to play in D-League in Sydney as well. Kayne has just returned from competing at the National Basketball Championships. Congratulations Kayne!

Trampoline Success

Jessica Pickering just competed at the New Zealand National Championships Oct 11-14th in Christchurch. Jess lived up to her expectation and not only won a Gold medal in Trampoline and a Silver in Syncro, but also won the Championships with the highest scoring female routine. To see the winning routine, check out our Facebook page. In 3 weeks' time Jessica will also be competing at the World Championships in Bulgaria. We wish her the best of luck!



Water Polo

Our very own hurricane, Abbey O'Toole, has just competed at the National Championships as part of the U16s Hunter Hurricanes team, in Hobart. Abbey has also been selected for a training program for athletics at the Hunter Academy of Sport to assist her development in the 1500m event. Well done Abbey!





NSW OZTAG

Congratulations to our senior boys Oz tag team! The boys travelled to the NSW Championships on September 13 which was a 5.30am start. Travelling down to Western Sydney by mini bus proved very entertaining with plenty of music, games and flatulence (boys!)

They played extremely well in hot (33 degrees) and windy conditions, ending up a very impressive 8th in NSW. Special thanks to bus driver Mrs Hilder, co-pilot Chloe Anning and special mention to Mrs Johnson who drove down to support the boys! Well done everyone!!



Mel Fagg Sports Organiser

CAREERS NEWS

Taronga Zoo Work Experience 2018

Taronga Zoo offers ONE student per school the opportunity to complete a week's work experience in a chosen division at Taronga Zoo. If you are interested, please see Mrs Hilder.

NB. Please be prepared to explain why you would like to do work experience at Taronga, which area of the zoo you would like to work in, explain future career aspirations and discuss accommodation/transport for the placement. Only on student will be selected.

www.belmonthighcareers.com.au
Check out our Careers Website for all
your Careers needs!



What is a USI number?

The USI is a reference number made up of **ten** numbers and letters that creates a secure online record of your recognised training and qualifications gained in Australia from all training providers you undertake recognised training with. A USI number will give you access to your training records and transcript.



WHAT'S BEEN HAPPENING IN CAREERS?

<u>First Aid</u> – Congratulations to the following students on gaining a Nationally Recognised Provide First Aid Qualification.

Mikayla Armstrong, Bailey Barnett, Bonnie Burgess, Josh Duncan, Danielle Griffiths, Hannah Guest, Eliana Hogan, Melissa Hughes, Cameron Jarvis, Logan Jefferies, Connor Jones, Georgia Melliger, Zac Milton, Rhys Panizza, Siennah Pirona, Abigail Prentice, Jemma Taylor, Emma Whiteford







<u>Career Links</u> – Each week students are sent the weekly Career Link's email. The email contains all the local job, apprenticeships and traineeships in the Hunter region. It is so important all students are regularly checking their school email account for updates.

Please use http://www.belmonthighcareers.com for all your Careers information.

Courses Available During Term 4

Provide First Aid – Friday November 24, 2017. 9am-3pm \$70

White Card Construction Safety Course - Friday December 1, 2017, 8,30am - 3,15pm \$80

Both courses are conducted in the school library. Please pay at the front office. Permission notes are available from the careers office. All students must have a USI number to complete these courses.

YEAR 10 WORK EXPERIENCE

Term 3 provided another successful work experience week for students at Belmont HS. Thirty Year 10 students ventured out into the world of work- learning new skills and learning more about different industries. Thank you to our wonderful host employers who continue to support our

students.

















SCHOOL SHOE REQUIREMENTS

The school must abide with the WH&S safety rules that are now law in all DEC schools across the state. When purchasing your child's footwear, use the following images as a general guide.

All shoes MUST be full leather, black shoes. Our uniform code states that these shoes are to be worn on all school days except Thursday, when full leather sports shoes must be worn.

• Correct Footwear – for use with our school uniform – black leather, lace up shoes. Must not extend over the ankle or have a platform. The leather must cover the whole foot for safety.









• Incorrect Footwear – Due to WH&S policy and the safety of your child slip on shoes and shoes that do not cover the whole foot are NOT acceptable.









• Correct Footwear for Sport – Sport shoes should be predominantly white, either lace up or Velcro. Shoes should be supportive of the feet during exercise. The whole of the upper foot must have a solid cover.









• Incorrect sports shoes - Slip on sports shoes are <u>not permitted</u>, these include canvas shoes as they are not supportive or appropriate for sport and PE.







Sloppy Joe

Knit Jumper - size 8

Knit Jumper - size 18

Knit Jumper - size 10/12

Knit Jumper - size 14/16



Country Feeling at "THE CAGE"

Belmont High School Uniform Shop

Opening Hours Term 4

MONDAY	12.40pm - 1.20pm
TUESDAY	3.00PM - 4.00PM
THURSDAY	8.15am - 9.15am

EFTPOS available

All cheques to be made payable to COUNTRY FEELING

Entry outside school hours via Albert Street

Belmont High School **Uniform Shop Price List** Girls Uniform Blouse - Junior and Senior \$31.00 Skirt - Junior and Senior \$45.00 Rugby Sports Shorts \$22.00 **Dress Shorts** \$40.00 **Boys Uniform** Blue Polo \$32.00 Sports Shorts \$29.00 Senior S/S Shirt \$26.00 Senior White Polo \$26.00 Unisex Items \$30.00 Sports Polo Jacket \$56,00 Polar Fleece Jumper \$35.00

\$30.00

\$65.00

\$70.00

\$75.00

\$80.00





Every child has a right to a safe, happy and permanent home.

Settlement Services International (SSI) Multicultural Foster Care (MFC) provides support for children and young people from culturally and linguistically diverse (CALD) backgrounds for whom it is not safe to live with their birth families. This may be the case for just a short time or possibly longer term.

No one denies it's a challenge. but being a foster carer is a commitment that can bring many

Important qualities for a foster carer include:

- · having a genuine interest and focus on the child's wellbeing and future
- a willingness to help them understand their past
- a willingness to help them stay connected with their family. culture, language and religion.

SSI believes that children who are supported to stay connected to their community and culture have better longer term outcomes. SSI MFC supports its foster carers with ongoing training and support, regular phone contact and visits, 24 hour phone support for crisis situations and a fortnightly allowance. Foster children need their own room.

To be eligible to become a foster carer, applicants must be 21 years or over, an Australian citizen or permanent resident and in good physical and emotional

- ssi.org.au/foster-care





St Luke's Uniting Church's 46th annual NARLA ROAD, BELMONT NORTH SATURDAY, 28TH OCTOBER 2017



More than 25 stalls & activities

8am: *Bargain Basement *Plants *Hot Food/BBQ 9am: *Home Cooking *Pre-loved Clothes *Quilts *Cafes *Kid's Games *Books *Home crafts *Pre-loved Toys *Christmas Puddings

Live entertainment

- The Marching Koalas St Phillip's Christian College
- * Maori Culture Group * Waltz-Sing Mathilda's * Floraville Public School
- Glue Dance Studio
- * Sing Australia
- * Belmont Christian College * KC Dance HQ

Plenty to eat and drink BBQ. Pies. Snacks. Coffees.

Scones, Milkshakes & Desserts

Rhema FM - live broadcast all day





Art exhibition and sales

Friday, 27th Oct: 4pm - 7pm Saturday, 28th Oct: 9am - 2pm *Huge variety from local artists and an encaustic art demo!

*Lucky door comp to win an original framed painting

Lots of fun for the kids

*Lucky Dips *Jumping Castle Face Painting * Hoopla *Games and activities

Community Displays

SES, Fire & Rescue & more

