Quantum

April 2018



Building Harmony and Success

We acknowledge the traditional custodians of this land and pay our respects to elders past and present

PRINCIPAL'S MESSAGE

Phone: (02) 49450600 www.belmont-h.schools.nsw.edu.au

Interim Reports Years 7 and 11

Students in years 7 and 11 have also been issued with interim reports to provide parents with a brief summary on how they are settling in to these important years of schooling. These reports are also available on the SENTRAL portal.

Minimum Standards for the HSC

If a student is sitting the HSC exams in or after 2020 they will need to meet a minimum standard of literacy and numeracy to receive your Higher School Certificate.

- Literacy and numeracy skills are key for success in everyday life. Achieving the HSC minimum standard means you will have a level of skills necessary for success after school.
- Students show they have met the HSC minimum standard by passing online tests of basic reading, writing and numeracy skills needed for everyday tasks. The minimum standard online tests are not based on NAPLAN.
- Student's master basic skills at different stages so there are multiple opportunities available for students to understand what to expect and pass the minimum standard online tests, from Year 10 until a few years after Year 12.
- Some students will be eligible for disability provisions for the minimum standard tests, or an exemption from the HSC minimum standard requirement.

Important changes to the HSC minimum standard

From this year, Year 9 NAPLAN tests will no longer be available as an early way for students to demonstrate the standard. This change has been made to ensure NAPLAN remains focused on its diagnostic purpose and to reduce unnecessary stress on young people.

Current Year 10 students who achieved a Band 8 or above in a 2017 Year 9 NAPLAN reading, writing or numeracy test are recognised as having met the HSC minimum standard in that particular area and will not need to sit the corresponding online test. If students did not get Band 8s or above they will need to take the corresponding online tests.

Further information can be found at: https://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/hsc/hsc-minimum-standard

DATES FOR YOUR DIARY

April

11 P&C Meeting

12 Defence Force Presentation

13 School Anzac Day Ceremony

13 Last Day Term 1

30 Staff Return Term 2

30 RSA Course

May

1 All Students return Term 2

1 RSA Course

7 Parent Teacher interviews years

8, 9, and 10

9 Hipthrust Year 10

11 Zone Cross Country

School Building Upgrade

The next set of concept plans for the proposed building upgrade are due to be provided to the building reference group next week. Once these plans are finalised it is hoped that the consultation process for the school community can begin shortly after that.

Share Our Space -Holiday Program

Belmont High School will be participating in the Share Our Space program over the holiday break. The school grounds (COLA and oval) will be available for use during this period. See attached flyer.

Geoff Robinson Principal

ATHLETICS CARNIVAL 2018



SCHOOL UNIFORM

Belmont High School considers the wearing of uniform important because it gives the student a sense of belonging and fosters pride in the school. Wearing school uniform assists in the development of tone and good conduct. Wearing uniform assists in ensuring the safety of students at school and on excursions. The wearing of uniform is supported by the Department of Education.

The Belmont High School uniform policy is supported by our P&C. It is essential for the continued promotion of the image and reputation of the school that all students adhere to this policy.

Uniforms are available for purchase at the school uniform shop 'The Cage' located next to the school canteen. See below for hours of operation. Uniforms can also be purchased at Lowes, Belmont.

It has come to our attention that a number of students are not wearing the correct school uniform. In particular, black shorts, short navy shorts, tights, jeans, black track pants, black jumpers or hoodies, and jumpers with writing or large logos are not part of the school uniform and should not be worn at school.

Students who do not have the correct uniform are required to see their Deputy Principal before 9am to make alternative arrangements. A clean uniform item from the school's clothing pool will be loaned to the student for the day, or they will be provide with an 'Out of Uniform' Pass if the required clothing item is not available.

One of the Department of Education's Core Rules is to 'maintain a neat appearance, including adhering to the requirements of the school's uniform or dress code policy'. To support the implementation of this core rule, uniform checks will be done regularly to ensure the safety of students and maintain the positive tone of Belmont High School.



Students in correct uniform will be awarded a 'Belmont Bestie Uniform Slip' and go in the draw for a chance to win a prize. Prizes will be drawn during Thursday assemblies. Students must be present and in correct uniform to receive their prize.



Students who do not follow the school procedures for not wearing the correct uniform may receive a uniform detention slip and be required to attend lunch detention.

Please support and encourage your child to wear the correct school uniform every day and uphold the values of Belmont High School. If you are experiencing financial hardship and require assistance please contact the school on 49450600.

'The Cage' uniform shop hours are: MONDAYS 12.30PM-1.30PM

TUESDAYS 2.45PM—3.45PM

THURSDAYS 8.15AM—9.15AM

Boys Uniform

| Item | Junior | Senior | Sport |
|-----------------------|---|---|---|
| Shirt | Light blue polo shirt with navy side panels and school crest. | White shirt with school crest, or plain with collar | Light blue polo shirt with white side panels & school crest |
| Trousers & shorts | College grey | College grey | Junior navy rugby |
| Socks | White socks | White socks | White or Maroon/ White football socks |
| Shoes | Black leather lace up | Black leather lace up | Joggers |
| Jumpers/Sloppy Joe | Junior navy with school crest | Junior navy with school crest | |
| Jacket | Navy | Navy/Maroon/Blue | Navy |
| Track Pants | | | Navy blue |
| Blazer | Junior navy (optional) | Junior navy (optional) | |

| Girls Uniform | | | | |
|-----------------------|-------------------------------------|--|---|--|
| Item | Junior | Senior | Sport | |
| Shirt | Light blue blouse with school crest | White blouse | Light blue polo shirt with white side panels and school crest | |
| Skirt | Knee length grey with blue check | Knee length blue, burgundy and grey tartan | | |
| Shorts | Junior navy knee length | Junior navy knee length | Junior navy knee length | |
| Slacks | Junior navy | Junior navy | Junior navy knee length | |
| Socks/Stockin gs | White/navy stockings | Navy stockings | White | |
| Shoes | Black leather lace up | Black leather lace up | Joggers | |
| Jumper/Slopp y Joe | Junior navy with school crest | Junior navy with school crest | | |
| Track Pants | | | Navy blue | |
| Blazer | Junior navy (optional) | Junior navy (optional) | | |

Attendance – Late arrivals

A reminder that school commences at 9.00am each day for junior students (Year 7 to 10). For senior students (Years 11 & 12) school commences at the start of their first timetabled lesson for the day. Students not present for roll marking at 9am or the start of their first timetabled lesson are recorded as absent.

The Education Act (1990) requires parents to ensure that their children of compulsory school age attend school on each day that the school is open for instruction and to arrive on time unless there is an acceptable reason for them not attending. The Act also requires parents to explain their child's absences within seven days of their occurrence. Failure to do so will result in an unjustified absence being recorded.

Sometimes students are recorded as absent because they arrive late to school and do not sign in at the Student Services Office before going to class. If a student is late to school, it is the parent/carer's responsibility to provide an explanation to the Student Services Office so that the official school rolls can be adjusted. If this is not done then it is assumed that the student is absent for the day.

Please ensure your child arrives to school on time every day. If your child is late please notify Student Services with an acceptable reason why they are late by providing the child with a note to hand to Student Services, emailing the school, or notify the school via the SkoolBag App.

P&C REPORT

Our last P&C (and AGM) was cancelled to due to flooding rain last month and so we have decided that our next meeting will be on Wednesday 11th April in the staffroom. At this meeting we will discuss how the canteen is going, what is happening with our school redevelopment, ponder the future of the Year 10 rewards evening as well as review the past year and elect a new committee in our AGM.

All between 5:30-6:30pm! So come along, be better informed, have your say and let us help build on the strengths that we have at BHS.

P&C MEETING

The next P&C meeting will be Wednesday April 11, 2018 at 5.30pm in the staff common room. Everyone welcome to attend.

Stephen Taylor P&C President



BULLYING! NO WAY!

On our National Day of Action Against Bullying and Violence, Belmont High students and staff participated in activities including an assembly where student and teacher involvement was a focus.

The words to the powerful song 'This Is Me' were reflected on as the staff and captains performed with some entertaining dance moves.

The message of standing together against bullying was represented as the entire school community spelled out the strong message 'BULLYING NO WAY!' on the school oval.

Orange bandannas were also worn to pledge the school's commitment of solidarity against bullying.

Congratulations to the entire school on encompassing this movement towards a positive change within our community.



YEAR 7 - THE GREAT AUSSIE BUSH CAMP

Week 8 this term, Year 7 visited the Great Aussie Bush Camp at Tea Gardens, joined by a number of their Year 10 Peer Support Mentors. We arrived at school bright and early on the Monday morning to board buses for our trip up north.

On arrival, students were shown their tents and organised into activity groups. Students participated in a variety of activities over the two day camp, including the Giant Swing, raft building, canoeing, a vertical challenge, leap of faith and team challenge.

On Monday night, teachers and students were able to compete in a Commando challenge where the Year 7 students had to find the "hostages", with teachers and mentors trying to prevent this from happening. I'm happy to say the teachers succeeded!

Tuesday morning was another early start, packing belongings and cleaning up the camp site before again separating into groups to continue with the activities. At 1:30pm it was time to board the buses and return to school, exhausted but with lots of interesting stories and happy memories!

A huge thank you to the staff that helped to make this trip so much fun; Mrs Sawyer, Mr Druery, Ms How, Mr Barnes and Mr Hutchison.

Mrs Tanti Year 7 Year Advisor

GREAT AUSSIE BUSH CAMP 2018















SUPPORT CLASSES

Once again the students had a wonderful time at our recent athletics carnival. Students were competing in age events, novelty, or just enjoyed socialising and cheering on their class mates. We have so many talented athletes and it is inspiring to see so many of our students competing in just about every single event.







This term students have been presenting or working on their Big Pictures. Some of the topics are: bullying, drums, cars, drifting and horses. It is amazing to see these students share their knowledge for a whole period in front of peers and staff. This process empowers these students in presenting and delivering information. A skill that will transfer when they may have to attend job interviews. The students really enjoy presenting their work to a real audience. It is wonderful to have so many parents and peers come into our classroom and share the learning journey. I know this is a highlight for many of our students in the IM Support class.

Ms Avery's class has been working on the Stephanie Alexander gardening program. The class has a range of vegetables growing with students nurturing and observing the growth of the plants. This will also include the integration of native stingless bee hives into our garden. As native stingless bee hives require very little maintenance and are completely stingless, they are great teaching tools regarding ecosystem services and the benefits of natural native pollinators.

Mr Hutchinson's class have been studying an expansive curriculum. The teacher focus on social skills each day through the 'SenseAbility' program has been very successful. So far this term the program has covered 'Helpful Thinking and Self Talk', 'Emotional Recognition and Regulation', 'Life Problem Solving' and 'Communication'.

The skills that the students have learned in the program were very valuable during the recent school camp. Several Year 7 students from the Multi - Categorical and support classes attended the Great Aussie Bush Camp and had a wonderful time with their mainstream peers.

In the Senior IO class students' have been learning about "what is renewable energy"? The students are recycling and building solar powered robots! They have also been looking at different cultures in Australia and trying different aspects of these such as: language, dance and food.

Teachers this term are in the process of holding Learning Support Meetings to plan for each students IEP. If you cannot attend during the day we are happy to meet with you at parent interviews on the evening of Monday the 9^{th} April.

Lisa Shaw Head Teacher Special Education (Relieving)

RANDOM READERS

Mrs Kendall and Tahlia Fell catch up on the form guide for the Knights. Interesting reading comes in all shapes and sizes

> Yvette Fulton LAST



HSIE

Barangaroo and Millers Point Year 12 Geography Field Trip

On March 5 the four students of year 12 Geography, Georgia, Jamie, Jessica, Tremaine and I ventured down to Sydney. This was for a field trip for year 12 geography on the course 'Urban Dynamics and World Cities'.

We had an early start on the 6.32am train from Cardiff, arriving at Central around 9.00am. We then arrived at the 21st floor of our destination in Kent Street 15 minutes later. Views of the development were spectacular. After a brief introduction, we began our walk around the multimillion dollar redevelopment site.

Barangaroo consists of mainly commercial office space with a mix of retail, restaurants and residential space. We were guided by two staff from the Observatory Hill Environmental Education Centre who provided expert information on the details of the development.

After lunch, we walked to Milsons Point where redevelopment of the many terrace houses is occurring. Starting at 2 million dollars for an un-renovated terrace house then another million to renovate. This area offers spectacular views of Sydney Harbour Bridge.

We concluded at 2.10pm, catching the 2.40pm train from Central and arriving back at Cardiff at 5.30pm. It was a very informative and enjoyable day.

David Christensen HSIE Teacher







Year 11 Fieldwork Excursion to Awabakal





Patricia Dybell Head Teacher HSIE

JAPANESE

Year 8 Japanese has got off to a great start with students enthusiastically learning things like basic greetings, numbers 1-99 and personal information including age, birthday and oriental zodiac sign. Most students have been able to confidently introduce themselves to the class in Japanese to complete their first speaking assessment task for the course.

It was great to hear that some students took the opportunity to put their new Japanese skills to the test by approaching our recent Japanese visitors to greet them and ask them their names etc. Both Miss Gibbs and Mrs Tserepas, who is also teaching some Japanese classes this year, have been impressed overall with Year 8's behaviour and positive attitude towards learning Japanese language and culture. Keep up the great work Year 8!

The Year 10 elective class enjoyed a special lesson earlier in Term 1 with the Japanese men's trampolining team who were visiting for a training camp. Our students took part in a food challenge lesson where they got the opportunity to try some different Japanese foods including fermented soy beans, sour pickled plums, green tea Kit Kats and rice balls and then made Japanese sentences to describe their opinion on the different foods.





We also prepared a range of Australian foods including Vegemite, Tim Tams, meat pie flavoured Pringles and fairy bread for the Japanese athletes to try and also taught them some basic English words to help describe what they thought of the new foods. It was great to see our students trying really hard to communicate in Japanese with our visitors and it appears the Japanese athletes also enjoyed the experience of interacting with our students and trying some unique food.









Miss Gibbs Japanese Teacher

SPORT REPORT

Athletics Carnival

Our School Athletics Carnival was a great success on Wednesday 7th March. We held it at Newcastle Fearnley Dawes Athletics Track in an aim to try somewhere different and loved it. The SRC demonstrated excellent leadership skills by running the canteen on the day and all students showed up dressed in house colours with the aim to have a go and earn points for their house.

Schofield took out the day earning themselves **1123 points**, followed closely by Cullen on 1037. It will be interesting to see who takes out the win at Cross Country with Cullen placing 1st on the overall leader board by only 166 points. Thanks to everyone that contributed on the day and the close to 400 students that attended and had a great time!

| ATHLETICS AGE CHAMPIONS 2018 | | | | | |
|------------------------------|----------------------|----------------|--|--|--|
| AGE | FEMALE | MALE | | | |
| 12 | Tori Speakman | Blake Taylor | | | |
| 13 | Darci Ashton-Webster | Andrew Downie | | | |
| 14 | Oliva Wright | Jackson Hunter | | | |
| 15 | Mikala Poulsen | Nathan Roberts | | | |
| 16 | Abbey O'Toole | Cooper Simpson | | | |
| 17+ | Jessica Noble | Billy Croese | | | |

Zone Athletics will be held on Wednesday 20th May (Week 8, Term 2) at Glendale. Will hand out notes early next term.





























Student Achievements Athletics

Ashlyn Blackstock and Kayne Gilmore were recently awarded the Lake Macquarie City Council Male and Female Sportsperson of the year, a tough award to achieve! Well done Kayne and Ashlyn!

Ashlyn recently won the U15s Women's Discus and Shot Put at Athletics Australia Junior National Championships. She broke the Shotput record by 54cm! Fantastic result Ashlyn!





Hockey

Ky Willott was recently selected to the Australian Schoolboys Hockey team that will travel to South Africa at the end of next term, from June 29 to July 15 July. The team will travel to Cape Town and Durban (tests will be played in Durban).

Ky has also been selected in the Australian Hockey National Futures Group, having been selected from the Australian Championships held in Launceston in March 2018.

His achievements continue with selection as a shadow for the Youth Olympic hockey qualifier to be played in Port Moresby later this month. Ky then has the opportunity to make the Youth Olympic Hockey team that will be selected from the Australian Futures Group Camp held later this year. The Youth Olympics will be held in Buenos Aires 1st-6th October, 2018.

Fantastic achievements Ky. Congratulations!



Mel Fagg Sports Organiser

TRANSITION

WORK SKILLS PROGRAM - GARDEN MAINTENANCE AND CONSERVATION

Seven year 10 students have recently commenced a work skills program at Belmont High School, run in collaboration with Belmont Wetlands State Park (BWSP).

The program sees students working as gardeners, groundskeepers and conservation volunteers. More broadly, we aim to build practical skills and confidence in Year 10 students seeking employment in a range of manual fields.

Limited places are available to interested Year 10 students. BHS is proud to commend students for their work in the program so far and we look forward to future news updates.



Regenerating local bushland; Will Schumacher, Luke Hargrave, James Andrew and Alissa Rogers (BWSP Site Supervisor)

Scott McGrevy Coordinator

Share Our Space

Your school is a vital part of our community, and we want you to use it. During the summer break participating schools across NSW will be opening up their play areas for your enjoyment.

For more details visit schoolinfrastructure.nsw.gov.au

Tell us what you think about the Share Our Space program by visiting: bit.ly/2FRzHFY

This pilot project is an initiative of the NSW Department of Education.





Belmont High School **Building Harmony and Success**





Is your child struggling to settle into high school?

Are they feeling overwhelmed with the amount of homework they have?

Do they have an upcoming assessment task they just can't get their heads around?

If you or your child is feeling a little overwhelmed with their workload the Learning Hub is a safe and supported environment for them to turn to for a little extra help.

The Learning Hub is a dynamic learning environment designed to promote communication, collaboration, and creativity. This innovative initiative offered to Belmont High School Students, aims to assist the young people that attend this school to engage with and feel supported in their education.

The Learning Hub has been designed to provide students with opportunities to develop their creativity,

to own their learning, to think critically, to have access to educational support within the school environment but outside of the classroom and to assist the students of Belmont High School in developing and maintaining their connection with the school.

The Hub offers a range of services including;

- Study Support
- Tutoring one-on-one / peer group
 - Homework Assistance
 - Access to technology
 - Group Study Space
 - Classroom Catchup
 - Student Support Services



The Hub runs each Thursday from week 4 as follows: Senior Students (Years 11 & 12) - 1:30pm - 4pm Junior Students (Years 7 - 10) conclusion of sport - 4pm

Should you require further information please contact

Ms Emma Terry—Learning Hub Coordinator

Mr Michael Allenby—Deputy Principal

PHONE: (02) 4945 0600



LIBRARY NEWS

Fiction books can be located by genre or type of books. Genre labels are placed on the spine of the books so a favourite genre can be selected.













Adventure

Romance

Family and Relationships

Comedic

Fantasy

Historical

Mystery















Sport

Paranormal

War

Sci-Fi

Graphic

Dystopian

Horror

LIBRARY SERVICES

The Library provides services to students and staff. The Library is open before school and at recess and every lunchtime except Thursday. Students may use the computers for research and the quiet area to catch up on work. They may ask to print copies of work when needed.

BORROWING RESOURCES

Students are able to borrow resources and the loan period is usually two weeks. The Library has a large collection of fiction and non-fiction books. Oliver is the school library catalogue and is available to be searched on the students DET portal page. Digital resources are also available on the catalogue.

LIBRARY STAFF

Miss Davis is the Teacher Librarian and is available to help students. She is ably assisted by Mrs Snowden on Monday, Tuesday, Thursday and Friday, and Mrs Heaney on Wednesday.



WHAT'S BEEN HAPPENING IN THE LIBRARY

MYSTERY BOOKS were recently displayed in the Library.







HARMONY DAY

Was celebrated in the Library with colourful paper hands and paper people. Library resources on cultural diversity and belonging were displayed







EASTER

The Library has an Easter guessing competition, which ran for the three days. Students guessed how many eggs were in the jar for a chance to win the chocolate. To coincide with the competition an Easter display was designed. Many thanks to Mrs Snowden, Mrs James and Miss Anning who all worked very hard on all the displays for students.





Julie Davis Librarian

STARSTRUCK 2018

As always, Belmont High have a large number of talented students performing in this year's Starstruck 'Connect'. Students are showcased in Drama, Dance, Vocal, Band and Choir. Tickets are on sale NOW. Do not miss out, it is always an amazing show, great for people of all ages!



Tickets available for purchase from Ticketek, http://premier.ticketek.com.au/

CAPA REPORT

All our classes have been busy working through loads of work and assessment tasks for this term. All our Ensembles are also busy preparing for the up and coming performances this term.

What's on? Choralfest

All our singers will be involved in Choralfest which will happen next term.

Tuesday May 8th, 2018 the BHS Vocal Ensemble and Senior Vocal Ensemble will compete at the Annual event Choralfest at the Lake Macquarie Performing Arts Centre at Warners Bay. Parents are most welcome to come and cheer on our wonderful singers.

While this date does clash with a Starstruck Dance rehearsal students involved in both activities will attend Starstruck rehearsals in the morning held at Belmont High School and then go to Choralfest in the afternoon.

Performance Shirts

Our performance shirts have been ordered. We are hoping they will arrive soon and in time for our performances. These are black shirts at all Band and Vocal members wear with black pants whilst performing in school ensembles. Shirts are to be paid for at the FRONT OFFICE they are \$40. Any student requiring assistance in acquiring a performance shirt should see Mrs Gill ASAP.

SCHOOL ANZAC DAY CEREMONY

At this stage we will be acknowledging ANZAC DAY on the last day of term Friday April 13th, 2018. All CONCERT BAND members from year 7-12 will be performing in full performance uniform and all VOCALISTS will also be singing at the ceremony.

Ceremonies will happen during periods three and four on the last day of term.

Starstruck Choir

Congratulations to the lucky students who are going to Starstruck 2018 "CONNECT". They are all extremely excited and full of enthusiasm. Rehearsals will start next term during Vocal for Sport. All Starstruck Choir Members will need to pay \$50 for Vocal for Sport next term (this should have already happened at Sport Choices on Wednesday March 28th) as part of the "Administration and Transportation Fees" for Starstruck.

Choir Members also need to pay \$20 by the end of term for their Choir T-Shirts as this is their costume that they must wear for every performance at Starstruck. Orders will be placed on Tuesday April 3rd, 2018. No late orders will be accepted. All T-Shirt payments MUST be paid no later than the last day of term.

Choir members will be expected to pay another \$50 next term. Once the Props requirement is out we will be able to add the final costings to the Choir Members.

Students with questions about Starstruck Choir should speak to Mrs Gill at school. Our Facebook Group will have regular posts about important information but parents should note that asking questions should not be posted in the comments on Facebook. Please communicate all correspondence to Mrs Gill via email. All notes sent home have her email address noted. During show week all important posts will be posted on our Facebook Group Page.

N.B. ALL NEW BAND MEMBERS AND/OR PARENTS SHOULD JOIN OUR CLOSED Facebook Group. This group is for band and vocal members only and their parents. Please like our Page Belmont High Music Department and ask to join our group.

Happy Easter and Happy Holidays to all our Ensemble Members

From Mr & Mrs Gill, Mr Logan and Mrs Johnson (who will return after the holidays for Term Two)

Cheers from Mrs Gill, Mrs Johnson and Mr Gill

Over and out!

Visual Art

Moran Photographic Prize Workshop

Each year the Moran Foundation holds the Moran Photographic Prize and part of this is the section specifically for High School students. In the lead up to the prize closing the Foundation offers schools the opportunity to apply for a fully funded workshop where they send a professional photographer to conduct a workshop for the day. This year we were fortunate to receive a workshop and it took place on Thursday 1st of March with Year 11 and Year 12 photography students participating. The photographer, Louise Whelan imparted much of her knowledge to the students and an awesome day was had.

Operation Art AGNSW

Last year, Belmont High had four students art work selected to be hung in the Operation Art exhibition at Homebush Olympic Park. This alone was an exciting achievement as it was the first year we had representation in this exhibition.

An even greater honour was achieved by Jackson Voorby. Jackson was selected for a prestigious exhibition of the top 50 artworks that will spend a year touring regional galleries across Australia.

The inaugural exhibition for 2018 opened at the Art Gallery of New South and Jackson was able to attend and see his work exhibited at the State Gallery. Congratulations Jackson!

Newcastle Show Photography Prize

Congratulations go to Lucy Forster and Jayden Gilmore for entering this prize. Jayden received a Highly Commended and Lucy took out First Prize for her category.





YEAR 7 FOOD TECHNOLOGY

Year 7.1 Technology have begun the term with some fun practical lessons.

They are investigating food 'From Paddock to Plate', looking closely at the Australian Agriculture Industry.

Nadine Hooker TAS Teacher





CAREERS REPORT

COURSES

TERM 1 COURSES are now complete!

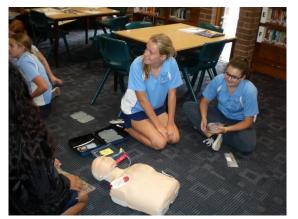
Congratulations to the following students on gaining nationally recognised qualifications!

| Provide First Aid Certificates | Construction Safety (White Card) | |
|--|---|--|
| | William, Bradley, Declan, Malcolm, Luke, Jarrad, Sam, Damien, Jayden, Wil, Brett, Ben, Zac, Riley, Samuel | |
| A big Thank you to Tracey Snowden (Careers A courses © | Assistant) for all her administration work with our | |

Every term BHS students will be able to gain qualifications and complete course at school. The Construction Safety Course (White card) and Provide First Aid Course will be on offer each term. Students need to collect a permission note from outside Careers and make payment at the front office to secure their position in the course. Dates for 2018 include:

| First Aid Course | White Card course |
|---------------------------------------|--|
| Monday 4 th June 2018 | Friday 22 nd June 2018 |
| Monday 27 th August 2018 | Friday 14 th September 2018 |
| Monday 19 th November 2018 | Friday 23 rd November 2018 |

The first Aid course cost \$70 and the White Card course cost \$95.







RSA & RCG Course-

Responsible Service of Alcohol Course - April 30th (school library) \$120 Responsible Conduct of Gambling Course - July 23rd (school library) \$80 Barista Course - April 13^{th-} \$99-

Please note:

Any student who is wanting to complete work experience on a construction site MUST have a white card!!!

All students MUST have a USI number to complete these courses!

The USI

As part of the government's Smart and Skilled program most education courses will require you to provide a Unique Student Identifier (known as your) USI. This number will remain with you for life and it will record ALL training and qualifications.

You need to go to www.usi.gov.au to apply

My best hints:

The Medicare card seems to work best for ID.

Having trouble? Take a photo of your Medicare card and see Mrs Hilder or Mrs Snowden in the library.

Congratulations to our new School based Trainees and Apprentices!!!

School Based Trainees and Apprentices (SBAT) are able to combine school, work and TAFE qualifications all while completing Year 12 and the HSC.



SBAT's are a great way to start career direction and balance aspects of the final years of schooling. Current Year 10 students who are interested in becoming an SBAT should start thinking about their future directions and thinking about possible industries to work in. For further information and SBAT info please see: www.sbatinnsw.info

School Based Trainees

Abby Penfold - Cert II in Hospitality - Zarraffas Janet Seu - Cert II in Hospitality - Zarraffas James Malcolm - Cert II in Electrotechnology - Lakeside Air Jett Randall - Cert II in Warehousing - Reece Plumbing

School Based Apprentices

Erin Taylor - Cert III in Hairdressing- Zilic Hair James Johnson - Cert III in Carpentry- Deane Browne Building and Electrical

UAVAIR CLASS

Did you know that Belmont High have our very own 'drone' class? UAVAIR conduct a CERT III in Aviation (Remote Pilot- Visual line of Sight) course on Mondays at Belmont High library.

Students are working toward gaining competencies in Aviation, and also their Remote Pilots licence. This course was made available to Year 11 students in 2018.

Congratulations to Dom, Gloria, Abby, Jay (teacher), Olivia, Kai and Kyle for their efforts on No Way Bullying Day, their 'first' job using the drone!

Current Year 10 students can select this course in 2019 if interested! For more information: www.uavair.com.au/high-school-vet-course



YEAR 10 CAREERS EXPO EXCURSION

Belmont HS Year 10 will attend the annual Newcastle and Lake Macquarie Careers EXPO.



Thursday, May 17, 2018

Newcastle Racecourse Darling St, Broadmeadow NSW 2292

Notes have been distributed. The EXPO provides a great opportunity for students to explore over 300 exhibitors from TAFE, Universities, Industry, Defence Force and many, many more! The cost of the excursion is \$15 (\$10 bus & \$5 entry).

Students will attend the EXPO and then return to school for their normal sport. Notes are outside of Careers for those students who did not receive them in careers class. It promises to be a great day out!

Mrs Natalie Hilder

Careers Adviser

Natalie.hilder@det.nsw.edu.au

CONFIDENT, FEARLESS AND STRONG YOUTH WEEK EVENT



TUESDAY 17TH APRIL

11AM - 1PM

359 PACIFIC HIGHWAY
BELMONT NORTH

CALLING ALL YOUNG WOMEN!

Learn to be Confident, Fearless and Strong! This event will focus on confidence, looking after your body and knowing who you are. The event is an opportunity for you to share your stories on what it's like to be a young person in 2018 and enjoy healthy, fun activities whilst building a stronger more confident self.

- '7 steps to greater confidence 'workshop
- Free nail pampering
- Selfie photos
- Chill zone
- Free lunch
- Lucky door prizes

Bookings essential - Call 4947 0031













Information on our physical activity program...



Active kids do well in class!

Research shows



Kids who are active..

... and eat well





Do better in class!

This is why our school has introduced the PA4E1 program.

Did you know?

- The Government recommends kids do at least 60 minutes of moderate-to-vigorous activity each day.
- This is activity which makes kids huff and puff!
- Sadly, only 1 in 5 kids meet the guidelines!*
- * NSW SPANS Survey 2015

Physical Activity for Everyone (PA4E1)

Our school is now part of PA4E1.

This will help us in our aim to increase student physical activity levels.

Some ways we will do this are:



More activity in our PE lessons

Creating physical activity plans





Resistance training at our school

More activities during our breaks





More information sent home

More links with our community



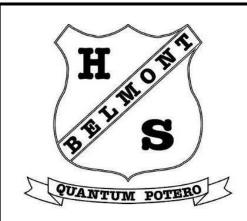
For more information, visit: pa4e1.hnehealth.nsw.gov.au











OPENING HOURS

Terms 1 & 4

Mon 12.30-1.30pm Tue 2.45-3.45pm Thu 8.15-9.15am

Terms 2 & 3

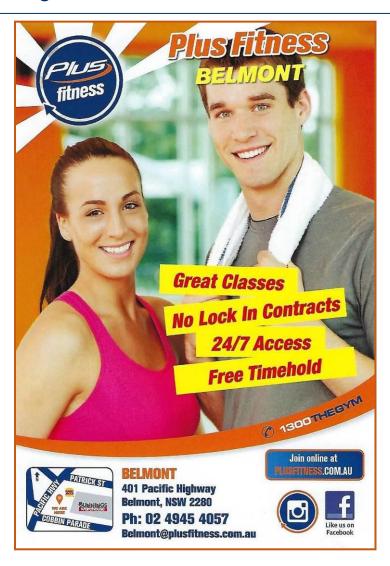
Mon 12.30-1.30pm Thu 8.15-9.15am



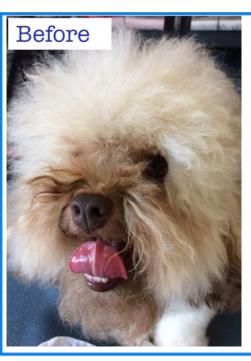
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