



Building Harmony and Success

We acknowledge the traditional custodians of this land and pay our respects to elders past and present

PRINCIPAL'S MESSAGE

Phone: (02) 49450600
www.belmont-h.schools.nsw.edu.au

Building Upgrade

It has been an exciting time for us this term as we begin to move into new and refurbished spaces around the school.

So far this term we have moved into the new administration offices as well as the new staff study space. This week we also moved into the new "Block I" which will house the commercial and domestic kitchens and special education classes. The renovated woodworking workshops in C block should also be back in operation soon.

Students now have access to part of the upgraded quadrangle and will soon be able to use the new student toilets. Further parts of the quadrangle will become available over the next few weeks.



The first of our existing demountable classrooms will also be removed in the upcoming weeks. New classroom spaces in A block will be handed over to us before the end of term with the remaining demountable buildings to be removed then.

DATES FOR YOUR DIARY

August

- 21 Regional AFL Girls gala day
- 22 Yr 12 music @ Lizottes
- 26 Yr 12 Finishing Line presentation
- 27 Provide First Aid course
- 29 Belmont Big Day In – Careers

September

- 2 HSC Visual Art major works due
- 3-6 Yr 10 PASS ski trip
- 11 Yr 10 Road Safety Program
- 12 RU ok Day
- 12 RSA Course 2
- 13 RCG Course 2
- 16-27 Yr 11 Preliminary exams
- 23-27 Yr 10 work experience week
- 24 Yr 7 Vaccinations/Yr 10 catch-up
- 25 Yr 12 Graduation
- 26 Hunter Region Trampolining
- 27 Last day Term 3

Landscaping has begun on the front of the school with a new school entry to be incorporated into the design

The builders are still confident to have all of the construction work completed by the end of September ready for the start of Term 4.

Year 12

This will be the last newsletter before Year 12 finish at the end of this term. Graduation for Year 12 will take place on Wednesday 25 September. As always it is important that students remain focused in the remaining weeks left of the term and the time in Term 4 before the exams commence.

To support students in this time we are employing an additional teacher to work in the Learning Hub so that it will be staffed five days per week. Students will be provided with information on how this will operate shortly.

In the lead up to the exams students are also encouraged to seek support and guidance from their teachers, year advisers and careers adviser. Above all we want all students to make the most of their opportunities.

School Captains

We are starting the process for selection of school captains for 2020. Nominations are now underway and elections will be finalised before the end of the term in time for the new captains to officiate at the year 12 graduation. As always we look forward to working with another excellent group of school leaders.

P&C Meeting

All parents are invited to attend the next P&C meeting to be held in the school library commencing at 5.30pm on Wednesday 18 September.

Geoff Robinson
Principal

DEPUTIES REPORT

Year 12 have recently completed their Trial Higher School Certificate Examinations. I would like to encourage all of our students to reflect on their results, seek feedback on how to further improve and continue to focus and work to their best ability for the rest of this term and leading into their final HSC examination period. Year 12 have been well supported by their teachers who willingly gave up their time during the recent July break to run additional workshops for their students. These study sessions were well attended by our Year 12 students.

During term 2 Year 12 participated in a Future Directions Day to support their preparation for the HSC and transition to post school opportunities. Part of this day was dedicated to a program offered by Elevate. Year 12 attended a session on study techniques presented by a young university student who has recently been through the stress of the HSC. This was well received by all students and feedback since the trial exams indicates students utilised these skills as part of their study preparation. This will be followed up by a session called The Finishing Line which will be offered on the 26th August for all year 12 students to support them in the final lead up to the HSC examinations. Students also attended a session on mindfulness and techniques to help them relax to support them in dealing with the stress of Year 12 which was offered by Ms Hicks. Students are encouraged to incorporate these strategies into their daily routine.

Mrs Proudlock and Mrs Williams are working hard to organise end of schooling activities, your year book and formal. Mrs Sandall will be visiting classes to get more photos so please bring your best smiles! Currently we do not have a lot of your student profiles and if you do not meet the deadline your name will be left blank so please make sure you supply your information to Mrs Proudlock. The last 3 days of term 3 Year 12 will have dress up days- Monday 23rd September pop culture characters and normal lessons will be held. Tuesday 24th September gender-bender/role reversal, sausage sizzle lunch and normal lessons. Wednesday 25th September different generations and going to Dullboys at Warners Bay. Please ensure you return your permission notes and pay \$20.00 by week 8. The final celebration of your schooling will be the formal at Rydges on November 18.

Year 11 is quickly wrapping up for the year with students approaching their Yearly Examinations at the end of this term. It is important students start preparing for these now, if they have not already, as they carry heavy weightings in the respective assessment schedules. Students who have already accumulated N-Award Warnings might find a non-serious attempt in these examinations tips them over the edge. The school will publish to students what constitutes a non-serious attempt when the examination timetable is released. As always, the Learning Hub program is available for students in the Library to support them in their school work and current expansion and development of the program will further benefit Year 11 as they progress into Year 12.

Students of Year 11 should also consider that as they progress in Year 12 they have the opportunity to drop 2 units. Consideration will be needed to ensure that this does not affect HSC/ATAR requirements and staff will be available to consult and guide students through the process.

We are currently in the process of nominating potential captains and vice captains from the Year 11 cohort for 2020. It has been pleasing to see so many Year 11 students willing to put up their hand for the challenge and impressive to review the candidates achievements over the years at BHS. We wish all candidates the best of luck, who will address staff and students in week seven of this term.

Year 10 completed phase one of their subject selections for Stage 6 at the end of term 2. Students should have their final subject choices confirmed by the end of week 6 this term.

It is really important students meet their assessment deadlines and build the organisational skills to assist in their preparation for Stage 6. Students having difficulties should seek support from their teachers, book into the Learning Hub on a Thursday afternoon for assistance with homework and assessment tasks, and let teachers know if they are struggling so we can arrange additional support. Students failing to complete 50% of their assessment tasks will be placed on Improvement Programs and failure to meet this could lead to an N Determination in the subject. Students are encouraged to seek support if they are having difficulties in keeping up with their school work. Consistent attendance is also an important factor in understanding and keeping up to date with school work. To build on knowledge students need to maintain an attendance rate of 90% and above.

Years 8 and 9

There has been some excellent work being completed by years 8 and 9 over the last month. I had the pleasure of attending the Chinese feast with 8B History last week. Students had been learning about the Silk Road and the impacts of Chinese cuisine around the world. A delicious Chinese feast was had by all students and dutifully served by the Emperor's servants.

A big congratulations to the boys and girls Oztag teams who competed in Penrith last week. Mr Kelly reported that the boys gave it their all and represented the school very well.

A reminder to parents about making appointments during sport time. Please try and make appointments at other times rather than sport. Sport is a compulsory part of a student's education and must be undertaken as part of their education. Your assistance with this would be greatly appreciated.

Subject selection for Yr 8 student's choosing their 2 year electives will take place shortly. Students will be issued with a booklet explaining the content of the subjects. Please remember that many of the electives are fee paying courses. It is the time for students to start asking teachers information on what things they will be covering in their course. More information to come!

Year 7 reports have been issued and a review of placements in the Enrichment class saw some minor movement. We have been approached by a number of parents requesting class moves for various reasons and although we are willing to accommodate such moves on occasion, there is currently an imbalance in class numbers that has led to a freeze on placements until a number of issues are reviewed. Parents with concerns regarding class placement are advised to contact Mr Allenby.

Michele Spinks Deputy Principal (Year 10 & 12)
Michael Allenby Deputy Principal (Year 7 & 11)
Grant Godfrey Deputy P (Year 8 & 9)



P&C

Support your P&C

Our next P&C meeting will be Wednesday September 18 from 5:30-6:30 in the school library. If you are not sure where that is please come to the front office and we will make be sure to help you find your way.

Our Principal will talk about the current happenings at the school and the progress of the building project. Please join us as we work together with the school for the best outcomes of our students.

If you would like to know any more about the P&C, please ring the President, Mr Stephen Taylor on 0426 829 080.

P&C MEETING

**The next P&C meeting for 2019 will be
Wednesday, September 18 at 5.30pm.
All are welcome to attend.**

ATTENDANCE

Welcome to Semester 2! It is wonderful to see so many of our students actively upholding the values of the school and attending school every day for every lesson. Congratulations to all our students who received 100% Attendance Certificates for Semester 1 at our recent Merit Assemblies.

As we approach a busy Semester 2 schedule it is important that all students strive to maintain attendance at above 90% so they can experience all the learning opportunities offered at BHS and get the best chance at success. Please find below, important information regarding your child's attendance at Belmont High School.

Education is compulsory for all children between the ages of six years and below the minimum school leaving age. The Education Act 1990 requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school. The Policy can be found at the following link:

<https://education.nsw.gov.au/policy-library/policies/school-attendance-policy>

Arriving on Time

Period 1 commences at 9am each day. This is the official roll marking period for the day and important school notices are given to students during this time. It is therefore extremely important for students to arrive to class on time. Students marked absent in this period will be recorded as absent for the whole day. Parents will be notified via SMS if their child has been marked absent in Period 1. Please respond to the text with a valid reason for your child's absence.

If a student arrives late they **must** sign in via the Attendance Office to enable the official roll to be amended. If a late arrival does not sign in and goes straight to class they remain recorded as absent for the whole day. This impacts on the official attendance data recorded on the front of your child's school report.



Arriving on time helps students learn the importance of punctuality and routine, as well as remaining up to date with classwork. Lateness to school on a regular basis is followed up by the Head Teacher Administration and the Deputies and written explanations for lateness are **always** required. Please supply a note for your child or alternatively, escort your child to the front office to sign in when they are late. Text messages are also sent out daily to inform parents if their child signs in late without a valid reason. Please respond to the text if there is a valid reason for your child being late.

Absence from School:

Parents are required to explain the absences of their children from school promptly. An explanation for absence must be provided to the school within 7 days of the first day of any period of absence. This can be notified to the school by either: sending an email to the school, phoning the school, replying to the SMS sent by the school or supplying a note to student services for the absence. The Skoolbag app can also be used to send an absent eForm.

Below is a list of justifiable and unjustifiable reasons for being absent from school:

Justifiable reasons	Unjustifiable reasons
<ul style="list-style-type: none"> ✓ medical or dental appointment ✓ religious holiday ✓ exceptional family circumstance (such as a death/illness in the family) ✓ being sick or having an infectious disease 	<ul style="list-style-type: none"> × shopping × hair appointment × sleeping in × minding younger siblings × birthday × work

Holidays

Parents are encouraged not to withdraw their children from school during school terms, especially during assessment and examination weeks. In instances where this is unavoidable, parents should inform the school and discuss absences with the Principal, Deputy Principals or Head Teacher Administration who may request that the parent/carer apply for a Certificate of Leave.

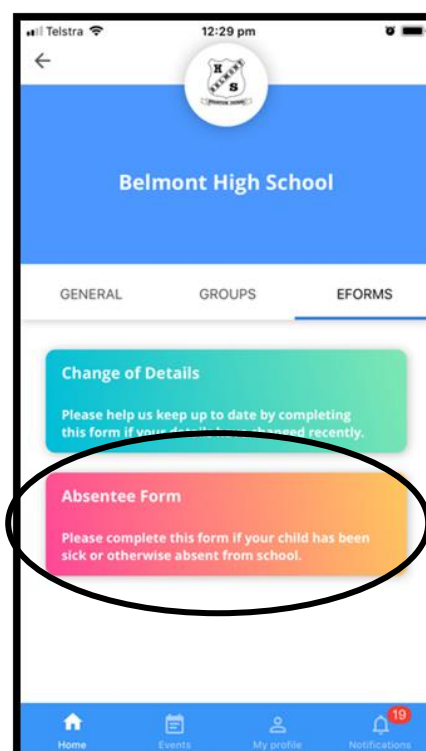
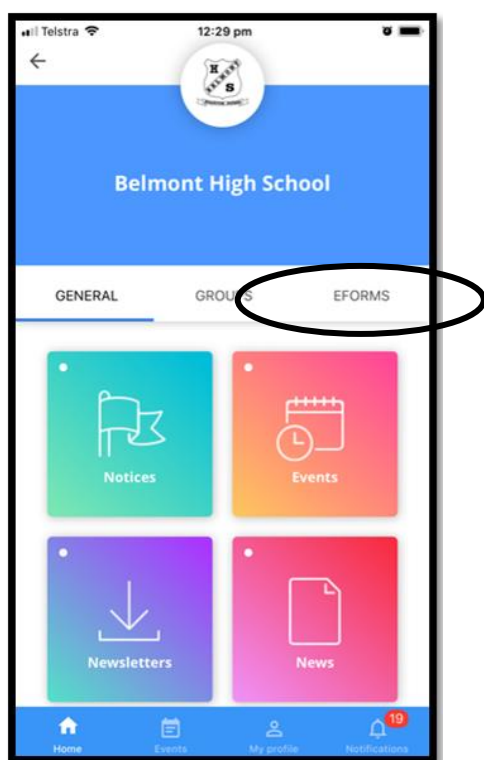
Application for Extended Leave – Travel can be found below:

<https://education.nsw.gov.au/policy-library/policies/school-attendance-policy>

Skoolbag App

The Belmont High School 'Skoolbag' app is an excellent way of keeping the school up to date with your child's attendance. This app is available to download for free in the app store on Android and Apple devices. On the home page go to 'eForms' and then 'Absentee Form'. You can then complete the form and submit it to the school via your mobile device.

You can also update your contact details using the 'change of details' form.



Year 11 and 12 Attendance

Senior students are automatically recorded as absent until they are marked present in their first timetabled lesson of the day (it must be Period 1 or Period 2). Students who do not have a Period 1 or 2 lesson must sign in before 11.15am at the Senior Kiosk located in the library. Failure to sign in before 11.15am will result in the absence remaining as whole day, even if they attend their Period 3 class on time. This will impact on the official attendance data recorded on the front of your child's yearly school report. It is therefore essential that senior students sign in at the Kiosk before 11.15am if their first lesson commences after 11am, or sign in at the front office if they are late to have their attendance amended.

Senior Students with Period 0 classes: Period 0 is a compulsory lesson. If a student misses their period 0 class they must provide a justified reason to Student Services for their absence, otherwise it will be recorded as a truancy.

Truancy – all students

Class rolls are marked electronically **every** lesson. Students who have been marked present for the day but absent in a lesson without a variation in place may receive a text home. This informs the parent and the student that they have been marked absent in a lesson. If this is incorrect, the student must see Mrs Gee during break times in the Head Teacher Administration staffroom (between E7 and E8) the next day.

Students who do not have a valid reason for being absent from a lesson will be recorded as 'truant' and placed on E9 lunch detention.

All students should be aiming to:

BE IN CLASS, ON TIME, EVERY LESSON

If students or parents have any concerns regarding their attendance, please contact Mrs Gee during school hours on 49450600 or via email: kristen.gee3@det.nsw.edu.au

Mrs Kristen Gee
Head Teacher Administration

BELL TIMES 2019



Period	Monday	Tuesday, Wednesday, Friday	Thursday (with assembly)
0	8.10	8.10	8.10
1	9.00	9.00	9.00
2	9.55	9.55	9.50
Assembly			10.40
Recess (30 mins)	10.45	10.50	11.00
3	11.15	11.20	11.30
4	12.05	12.10	12.15
Lunch (30 mins)	12.50	1.00	1.00
5	1.20	1.30	1.30 Sport
6		2.20	2.20 Sport
End of Day	2.10	3.10	3.10



Parent Support

If any parent or carer would like to assist at school with activities such as dance, art or any other cultural activities, we would very much appreciate your input.

Attendance

It is important that our students are attending school every day. If your child is away please make sure you contact the school, either by phone, email, Skoolbag notification or with a note explaining absence.

Support Staff

This year students are supported by the following BHS staff:
 Todd Anning - AEW,
 Kody Anning - SLSO,
 Mrs Spinks - DP,
 Mrs Ross - HT TAS,
 Ms Dybell - HT HSIE,
 Mrs Hilder - Careers,
 Mrs Callan - teacher.

PULLI

What's Deadly!!

NAIDOC Week

Throughout NAIDOC week this year our Aboriginal Dance Group kept themselves busy during the school holidays. They performed at Lake Macquarie City Council and East Lakes NAIDOC day.



Jake Siegwalt played the Didge as a part of Lake Macquarie City Council's NAIDOC Ceremony.



Lake Macquarie City Council were also lucky enough to have Jaith Bell come along and sing the National Anthem in Awabakal Language as a part of their opening ceremony.



Caitlan Johnston

Caitlan has had a busy and successful few months playing in the NSW State of Origin Under 18 Women's team. She also received the Player of the Match award. Caitlan then played for the CRL Newcastle Knights Women's team winning the grand final. Congratulations Caitlan!



Jake Siegwalt had the opportunity to be a part of the Stories of Strength program through Lake Macquarie City Council. He told his story and a photo of him was placed on display in all libraries across Lake Macquarie.



Year 10

Our year 10 students had the opportunity to visit the University of Newcastle at Ourimbah. This gave them the opportunity to look at different pathways through the Wollutuka Institute.



Thank you to Mrs Dybell for successfully applying for a grant to put towards running a digital stories workshop with the Aboriginal students in both the high school and our partner schools. We have put together a video and created an Acknowledgement of Country for all schools. This was workshopped by students and community.



Please feel free to contact Todd Anning (AEW) on 49450600

CAPA REPORT

Events so far this term have made us feel very proud to be part of this great school. The majority of our music students are honing their skills by undertaking private lessons on their instrument, practising regularly at home, participating faithfully in one or more of our school ensembles and confidently performing for audiences at every opportunity.

Merit Assemblies

Memorable performances from Jaith Bell (Awabakal National Anthem), Christy Du Plessis (vocal solo) and Robert Nolan (guitar solo) marked our recent school merit assemblies. Performing in front of peers is generally recognised to be quite challenging for school age musicians, so we especially commend these students on their confidence and willingness to share their musical gift with others.

Education Week concert at Charlestown Square

On Friday 9th August, Belmont High graced the stage outside Myer on Level 1 of Charlestown Square in a concert which attracted much comment from shoppers. Congratulations to Christy Du Plessis (vocal solo), Jay Fairclough (saxophone solo), Chloe Gill (vocal solo), Tobin Moore (vocal solo), Joshua Redding (stage hand/roadie extraordinaire) Charlotte Smyth (flute solo), Riley Stobbs (vocal solo) and Bethanee Swilks (clarinet solo) for filling the square with beautiful sounds. The concert marked the celebration of Education Week 2019 at the Square and provided us with a brilliant opportunity to champion our school in the local community.

Seniors Week at Belmont Citi Centre

On Monday 19th August a group of students showcased their talents to the local community when they perform at Belmont Citi Centre for Seniors Week. We are no strangers to this event and have gladly shared our talents with some older members of our community in past years. We have found the appreciation and encouragement students have received from audience members to be very valuable.

Dinner and Show @ Lizottes

You are cordially invited to have a beautiful dinner whilst enjoying performances from our Year 12 music students at Live@Lizottes on the evening of Thursday 22nd August. This event provides our Year 12 students with a final opportunity to perform in public before their HSC Practical examination which will be 3 weeks after. It is a privilege to perform on the renowned stage of Lizottes where so many famous musicians and singers have performed, and it is an opportunity never taken for granted by our students. All are warmly invited, and tickets may be purchased by phoning 49 56 2066 or through the website lizottes.com.au. Lizottes is at 31 Morehead St Lambton. Please note that the starting time for the concert will be 6.30pm or 7pm (not 7.30pm as stated on the website) and is still to be confirmed by the venue.

Class work

All year groups are working hard this term on performances and compositions. We give a special shout out to Year 12 students who presented their trial performance examinations last week, wishing them the very best as they do what they love. Special mention should also be made of the junior students who for weeks now have been supporting them by arriving to school early in the morning and giving up their recess and lunch breaks for item ensemble rehearsals. The schedule has been gruelling and at times exhausting. Their commitment is commendable and does not go unnoticed.



Supporting Year 12

Thank you to the wonderful Mrs Trudy Coe, mum of Aleksandr Coe Year 12, for looking after music staff and students on practical examination days with delicious offerings like these!

Yours in the wonder of music,
Mr John Gill (HT CAPA), Mrs Alison Gill
and Mrs Susan Johnson

EDUCATION WEEK 2019



SPORT REPORT

The busy year of sport rolls on! Our very talented athletes have been representing both the Eastlakes Zone and Hunter Region at CHS Cross Country and Athletics over the past term. Congratulations to Emma Young and Zoe Clarke who were successful in making it through to CHS Cross Country. As well as performing well on the day both girls have been excellent role models to female students across the school.

The Zone Athletics carnival was held at Glendale on 19th June. All Belmont High School students performed in a positive manner with enthusiasm and excellent sportsmanship. Special mention goes to Andrew Downie who was awarded 14 Boys Age Champion on the day. From this carnival 16 athletes were successful in making it through to the Regional Carnival.

At present the school Oztag, Rugby League, Basketball, Mountain Biking, AFL and Trampoline teams are competing in their respective competitions and we wish them all the best of luck!

The Belmont High Trampoline team have had recent success in winning the Regional Championships on the 4th of July. They will now challenge for an incredible 26 consecutive state titles at the CHS championships at Niagara Park on the 29th and 30th of August. Also, a special mention to our Vice Captain Jess Pickering from this team who has once again been selected in the Senior Australian Trampoline Team! Jess will now accompany National Coach Brett Austine to Russia and Spain for the 3rd and 4th Olympic Qualification World Cup events. Best of luck Jess and Mr Austine!

Continuing the theme of aerial sports, a huge congratulations to Dempsey Shultz of Year 9. On Tuesday the 6th of August Dempsey competed in the CHS Gymnastics competition. Dempsey came away with a firstplace in the Women's Rhythmic category!! An amazing effort Dempsey we are super proud of you!

At Belmont High we love to celebrate the sporting successes of students outside of school and we have recently been advised of the wonderful results achieved by Jodin Bell from Year 8. Jodin competed in his first Equestrian Dressage Competition (RDA State Dressage) at Sydney International Equestrian Centre earlier this month on his school horse, Emerald Park's Harvey, coming 1st in the Dressage Test, 1st in U18 Gymkhana, 3rd in Show Jumping and 4th in Prix Caprilli. Well done Jodin!



I would also like to acknowledge former student Rhiannon Iffland and her success in the Red Bull Cliff Diving Championships. Rhiannon has won the first 5 World Cups in some of the most exotic locations on the planet! She also won the FINA World High Diving Championships in Korea and is now considered to be the 'Greatest of All Time' in her chosen sport. Congratulations Rhiannon!! It is great to see your smiling face on TV.

Keep up the great efforts in all areas of sport Belmont High! If any student has competed at recent events can you please make sure you check in with Mrs Finnane or Mrs Penny so we can acknowledge your hard earned efforts!

Yours in Sport
Carly Penny
Sports Organiser

Physical activity for children and young people (5 – 18 Years)



BUILDS
CONFIDENCE &
SOCIAL SKILLS



MAINTAINS
HEALTHY
WEIGHT



DEVELOPS
CO-ORDINATION



STRENGTHENS
MUSCLES
& BONES



IMPROVES
SLEEP



IMPROVES
CONCENTRATION
& LEARNING



IMPROVES
HEALTH
& FITNESS



MAKES
YOU FEEL
GOOD

Be physically active

Spread activity
throughout
the day

All activities
should make you
breathe faster
& feel warmer

Aim for
at least
60
minutes
everyday



Include muscle
and bone
strengthening
activities
**3 TIMES
PER
WEEK**



Sit less



Move more

**Find ways to help all children and young people accumulate
at least 60 minutes of physical activity everyday**

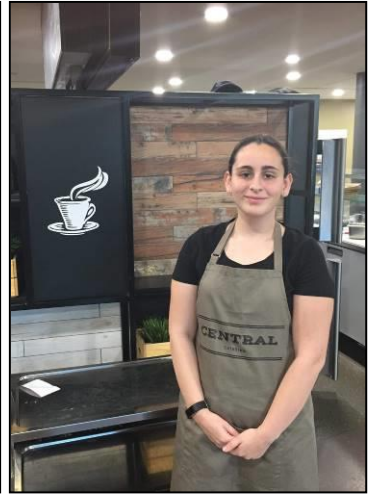
UK Chief Medical Officers' Guidelines 2011 **Start Active, Stay Active: www.bit.ly/startactive**

VET HOSPITALITY

Year 11 VET Hospitality students recently ventured out into the community to complete their mandatory work placement hours required as part of their HSC.

The aim of work placement is to assist students to achieving the required competencies in order to receive their VET Hospitality qualifications that are recognised throughout Australia. Work placement helps students enhance their classroom learning, inform their career choices and build their industry skills.

Well done to all students for their hard work, with special thanks to the following businesses for supporting our students;
Q&Co, Canon, Brown Sugar, Bella Beans, Café Fresh, Tides @ Swansea, Pegs, JHH Catering and Lake Macquarie Yacht Club.



SCIENCE

RoboCup Junior Hunter Region

Belmont High students recently attended Newcastle University to participate in the RoboCup Junior Annual Robotics competition. This event is part of a series of tournaments that encourage students with engineering and coding skillsets to construct a robotic prototype to compete against other schools.

Competition is based around various domains with BHS students involved in dance, soccer and rescue. Congratulations must go to our student representatives with Declan Gallagher Year 10 awarded 1st place and both Joshua Taylor Year 9 and Cameron Wood Year 9 awarded 2nd place, all in Rescue. Well done boys!



Malcolm Barnes
Science

HSIE

Last week Year 8 and Ms White welcomed visiting dignitaries to the first ancient Chinese food festival to be held at our school. The Emperor Zhou Di and Empress Mulan of the Ming Dynasty treated their citizens to a feast of pork, chicken, rice, noodles and fortune cookies.

Year 8 learnt that the ancient Chinese had a very healthy diet. The ancient Chinese ate only a little meat or fish which was then served with a great many vegetables. The ancient Chinese also ate duck, turtle, fish, wild game and eggs. Rice and noodles were both popular. Rice was served at festivals at the beginning of a festival. Rice dumplings were served during the first full moon in the New Year so that people could make a wish on them.

The emperor and empress would like to thank the visiting dignitaries for their diplomatic visit. The royal Ming court would also like to express their appreciation to the Seaview Malaysian Kitchen for the high standard of the catering. This local restaurant is highly recommended by our very own Ming Dynasty 'Royal Family'.

Mrs White
HSIE



CAREERS REPORT

Term 3 COURSE UPDATE

Construction Safety Course - Friday 6th September - \$95

Notes outside Careers- get organised and get qualified.

RSA & RCG Course #2 - Thursday Sept 12th and Friday Sept 13th - School library \$120.

Careers NEWS- TERM 3- IMPORTANT INFORMATION

A couple of very important messages. Please check your school email account regularly this term!

Key messages:

1. UAC is open for University applications for 2020. UAC information and guides were handed out late Term 1. Any question see Mrs Hilder. Early bird (\$88) applications close September 28th.
2. <http://www.belmonthighcareers.com.au> is there for you to utilise. Please have a look around the site. It has HEAPS of information about post school options, UAC etc.
3. University of Newcastle OPEN DAY - Saturday 25th August - Callaghan and City Campus- It is a great opportunity to visit the Uni with family and friends. Students interested in going to Uni in 2019 should attend.
4. Student should regularly check their school email. All importance correspondence from Careers is sent to YOUR SCHOOL EMAIL ADDRESS. Apprenticeships, traineeship, casual jobs, University & TAFE information. Be proactive, and get organised.
5. YES TAFE COURSES for Term 4 are OPEN. These courses are designed to allow students in Year 10, 11 and 12 to: try a new skill, discover career opportunities, navigate a new environment, explore your potential, discover what you want to do after school, be on your way to becoming Job Ready. Please check your email to register!

Australian Qualifications Framework

The AQF is Australia's national framework of qualifications in the school, vocational education and training and higher education sectors.

The AQF displays the 10 levels of education, the image shows the progression of qualifications.

Open Day - Newcastle Callaghan and New space City

Sunday 31st August 2019 10am to 4pm

Open Day is your chance to explore both our Callaghan campus – our central hub for Science, Technology, Engineering, Maths and Medicine (STEMM) – and our New Space facility, home to our world class business, law and creative industries schools.

Get a taste for campus life, meet academics and students, get advice on your study options and be inspired by interactive demonstrations, displays, talks and tours.



Open Day isn't just THE day to get information on undertaking an undergraduate degree at the University of Newcastle – it is also for those ready to expand their career options and make a global impact through postgraduate studies.

Hear from industry leaders, explore our state-of-the-art facilities and discover where postgraduate study can take you.

Year 10 and Year 11 TVET courses available 2019

TVET offers school students the chance to gain industry qualifications while still at school. TVET courses can form part of your pattern of study for Year 11 & 12. Students can start gaining qualifications which count as a 'subject'. For any student wishing to apply for HUNTER TAFE or TAFE Digital please see Mrs Hilder ASAP.

					Belmont	Cessnock	Glendale	Gosford	Hamilton	Hunter St	Kurri Kurri	Maitland	Muswellbrook	Newcastle	Ourimbah	Scone	Singleton	Tomaree	Wyong	School Delivered
Board Developed Courses	Qualification	Qualification Code	NESA	Delivery Pattern	ATAR															
Automotive - Mechanical Technology	Certificate II	AUR20716	26012	4u x 1yr	Y		*				*		*				*		*	
Automotive - Vehicle Body	Certificate II	AUR20716	26012	4u x 1yr	Y		*													
Construction - General	Certificate II	CPC20112	26202	4u x 1yr	Y	*						*		*	*					
Construction - Specialisation	Certificate II	CPC20112	26204	2u x 1yr	Y	*						*		*	*					
Electrotechnology	Certificate II	UEE22011	26302	4u x 1yr	Y															*
Electrotechnology - Career Start	Certificate II	UEE22011	26301	2u x 2yr	Y	*	*	*					*	*					*	
Entertainment Industry	Certificate III	CUA30415	26401	2u x 2yr	Y									*						
Financial Services	Certificate III (Statement of Attainment)	FNS30317	27200	2u x 1yr	Y									*	*					
Financial Services	Certificate III	FNS30317	27202	4u x 1yr	Y									*	*					
Hospitality - Kitchen Operations	Certificate II (Statement of Attainment)	SIT20416	26510	2u x 1yr	Y										*					
Human Services - Allied Health	Certificate III	HLT33015	27101	2u x 2yr	Y												CLC			
Human Services - Individual Support	Certificate III	CHC33015	27101	2u x 2yr	Y												CLC			
Human Services - Individual Support (Ageing)	Certificate III	CHC33015	27101	2u x 2yr	Y														*	
Metals & Engineering	Certificate I	MEM10105	26701	2u x 2yr	Y			*												
Primary Industries - Horticulture	Certificate II (Statement of Attainment)	AHC20416	26810	2u x 1yr	Y															*
Tourism	Certificate III (Statement of Attainment)	SIT30116	27410	2u x 1yr	Y				*						*					
Tourism	Certificate III	SIT30116	27411	2u x 2yr	Y				*						*					

					Belmont	Cessnock	Glendale	Gosford	Hamilton	Hunter St	Kurri Kurri	Maitland	Muswellbrook	Newcastle	Ourimbah	Scone	Singleton	Tomaree	Wyong	School Delivered
Board Endorsed Courses	Qualification	Qualification Code	NESA	Delivery Pattern																
Animal Studies	Certificate II	ACM20117	58161	2u x 2yr	*		*	*						*					*	
Animal Studies	Certificate II	ACM20117	58162	4u x 1yr				*			*	*					*			
Bakery	Certificate II (Statement of Attainment)	FBP20217	59403	2u x 1yr					*											
Beauty Services - Make-up	Certificate III (Statement of Attainment)	SHB30215	43884	4u x 1yr				*					*	*						
Community Services	Certificate III	CHC32015	58257	4u x 1yr			*							*				*		
Design Fundamentals	Certificate III	CUA30715	43748	2u x 2yr										*						
Early Childhood Education and Care	Certificate III (Statement of Attainment)	CHC30113	41824	2u x 2yr	*	*	*					*	*	*			*			
Early Childhood Education and Care	Certificate III	CHC30113	41826	4u x 2yr			*								*					
Fashion Design & Technology	Certificate II	MST20616	41019	2u x 2yr										*	*					
Hairdressing - Salon Assistant	Certificate II	SHB20216	65238	3u x 1yr				*					*	*						*
Music Industry - Electronic Sound	Certificate III	CUA30915	65169	2u x 2yr										*						
Music Industry - Recording and Live Sound	Certificate III	CUA30915	65169	2u x 2yr										*	*					
Outdoor Recreation	Certificate II	SIS20213	43412	3u x 1yr							*			*						
Plumbing	Certificate III	CPC32413	52211	4u x 1yr								*							*	
Plumbing	Certificate III	CPC32413	52212	2u x 2yr								*							*	
Screen and Media - Animation and Game Design	Certificate III	CUA31015	26401	2u x 2yr						*										
Screen and Media - Audio for Gaming, Facebook, Film and Virtual Reality	Certificate III	CUA31015	26401	2u x 2yr										*						
Screen and Media - Film and TV	Certificate III	CUA31015	26401	2u x 2yr						*										
Screen and Media - Podcasts	Certificate III	CUA31015	26401	2u x 2yr										*						
Sport and Recreation	Certificate II	SIS20115	50406	3u x 1yr				*						*						
Sports Trainer Level 1	Skillset	SISS500093	50411	2u x 1yr										*						

Natalie Hilder
Careers Adviser



Belmont High School
Building Harmony and Success



the learning HUB

Is your child struggling to settle into high school?

Are they feeling overwhelmed with the amount of homework they have?

Do they have an upcoming assessment task they just can't get their heads around?

If you or your child is feeling a little overwhelmed with their workload, the Learning Hub is a safe and supported environment for them to turn to for a little extra help.

The Learning Hub is a dynamic learning environment designed to promote communication, collaboration, and creativity. This innovative initiative offered to Belmont High students aims to assist the young people that attend this school to engage with and feel supported in their education.

The Learning Hub has been designed to provide students with opportunities to develop their creativity, to own their learning, to think critically, to have access to educational support within the school environment outside of the classroom and to assist the students of Belmont High in developing and maintaining their connection with the school.



The Hub offers a range of services including:

- Study support
- Tutoring – one-on-one/peer group
- Homework assistance
- Access to technology
- Group study space
- Classroom catch-up
- Student support services



The Learning Hub runs each Thursday as follows

Senior students – 1.30pm – 4.00pm

Junior students – conclusion of sport until 4pm

Senior students are now welcome to work with the Senior Study Coordinator every other day

Should you require further information please contact

Sarah Googe – Learning Hub Coordinator (Thursday)

Donna Edwards – Senior Study Coordinator (M, T, W, F)

Michael Allenby – Deputy Principal

PHONE: (02) 4945066

BELMONT HIGH SCHOOL CANTEEN PRICE LIST			
HOT FOOD		SANDWICHES (White/Multigrain)	
Lean Meat Pie	\$3.00	Salad	\$3.50
Lean Potato Pie	\$3.00	Ham, Cheese, Tomato	\$3.00
Lean Sausage Roll	\$2.00	Egg, Lettuce	\$3.00
Cheese & Bacon Sausage Roll	\$3.00	Chicken, Lettuce, Mayo	\$3.00
Spinach & Ricotta Roll	\$3.00	We can also make sandwiches to order	
Spring Rolls	\$2.00	LAVASH WRAPS 1/2	
Hot Dog	\$2.50	Carrot, Lettuce, Chicken, Grated Cheese	\$3.00
Gluten Free Nuggets (5) (Must be pre-ordered)	\$2.50	Wraps can also be made to order	
Chicken Fingers (5)	\$2.50	SNACKS	
Chicken Burger (Lettuce, mayo, 100% breast fillet)	\$4.50	Large Chips	\$2.00
		Small Chips	\$1.00
Sweet Chilli Burger (2 chilli tenders, lettuce, mayo)	\$4.50	J.J.'s	\$1.00
		Pretzels	\$1.00
DRINKS			
Icebreak	\$3.50	ICE BLOCKS	
600ml Plain Milk	\$1.60		
600ml Flavoured Milk	\$3.00	Frozen Juice Cup	.80c
300ml Flavoured Milk	\$2.00	Zooper Doopers	.50c
Small Juice	\$2.50	Moosies	\$1.00
Large Juice	\$3.00	Frozen Yoghurt	\$2.00
Up and Go	\$2.00	SAUCES	
Poppers	\$1.20	Tomato	.30c
Regular Cans – Diet Drinks	\$2.20	Barbecue	.30c
Waterfords	\$2.50	Sweet and Sour	.30c
Water	\$1.00	FRESH FRUIT	\$1.00each
Powerade	\$4.00		
BURGER OF THE WEEK (Rotational) CHICKEN BLT \$5.50 / CHICKEN PARMA \$5.50 McBURGER \$5.50 PLEASE CHECK OUR BOARD FOR AVAILABILITY			
PLEASE SEE WEEKLY AND TERM SPECIALS ON THE BACK			

TERMS 1 and 4 ONLY

Chicken Caesar Salad Tub \$6.50

Salad Tub (GF) \$5.00 / with Chicken or Ham \$6.50

Chicken Caesar Wrap \$4.00

Watermelon Tub \$2.00

Fruit Salad Tub \$2.50

TERMS 2 and 3 ONLY

Soup of the Day with Roll \$3.50/\$4.00 depending on soup

Spaghetti Bolognese \$4.50

Pasta Carbonara \$4.00

Fried Rice \$4.00

MONDAY and WEDNESDAY

Nachos \$5.00

Vege Nachos \$5.00

Ham and Cheese Toastie \$3.00

TUESDAY and THURSDAY

Homemade Rissole and Gravy Roll \$5.00

FRIDAY

Burrito \$5.00

Chicken and Gravy Roll \$5.00

THESE ITEMS ARE AVAILABLE

ON A WEEKLY ROTATIONAL MENU – TERMS 1 and 4 ONLY

PLEASE CHECK OUR BOARD

Homemade Vietnamese Rolls (2),(GF,V) with dipping sauce \$3.00

Homemade Sushi (GF) \$4.00

Bruschetta (V) \$3.50

Dip Box (dip, vege sticks, rice crackers (GF)) \$3.00

We also have Gluten Free bread available for orders only at an additional charge.

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Discounts for multiple weekly lessons within the same family

KEY DATES

Summer Holiday School	21 - 23 Jan
Term 1, 2019	29 Jan - 12 Apr
Term 2, 2019	29 Apr - 5 Jul
Winter Holiday School	15 - 18 Jul
Term 3, 2019	22 Jul - 27 Sep
Spring Holiday School	7 - 10 Oct
Term 4, 2019	14 Oct - 13 Dec

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MSLSC



Become a Surf Lifesaving Volunteer

**MSLSC is running a Surf Lifesaving Award
(Bronze) Course**

In doing the course you will gain recognition in the following modules:

- ✓ Bronze Medallion
- ✓ Certificate II in Public Safety PUA 21012
- ✓ Provide Cardiopulmonary Resuscitation HLTAID001
- ✓ Provide Emergency Life Support HLTAID002
- ✓ Provide First Aid HLTAID003
- ✓ Provide Advanced Resuscitation HLTAID007
- ✓ Radio Operator Certificate PUAOPE013A

What Date Commences **Sun 13 October, 2019**

What Time **8:00am**

Where First session will be the prerequisite pool swim at a location TBA

Cost **\$175**

which includes the First Aid course and the SLS Public Safety Aquatic Rescue Manual. (All participants must be a member of MSLSC for the 2019/2020 season).

Prerequisites Minimum 15 years old on 21 Dec, 2019
400m Pool Swim in 9 minutes or better
Willing to volunteer to patrol at MSLSC

Please email Anthony Tietze at mslsc.education@gmail.com to register or for more information
<https://www.merewetherslsc.com.au>

EASTLAKES ATHLETICS CENTRE Inc.

Interested in athletics?
Yes, then join a fun family club this
2019-2020Season

**Saturday morning competition starting
7thSeptember at 8:30am**

*ALL NEW ATHLETES may come along & try for FREE before
12thOctober
(*New athletes only are entitled to 2 consecutive weeks before
registering!)*

**Register online at LANSW.com.au
or**

REGISTRATION DAYS

(Birth Certificates required for new registrations)
Saturday 24th and 31st August, between 2pm & 4pm
Baxter Field, Findon Street, Marks Point
OR
Saturday 7th September, between 8am & 11am
(First Club Meet!)

**** \$160 Early Bird Special, register & pay in full by 13th October
(After this date \$170 registration). Family discounts for 3 or more
athletes. ****

Athletes may register at the track on any Saturday morning Competition.
* * *

Ages

Under 5s Tiny Tots
Under 6s to Under 17s – Little Athletics
Under 18s – Seniors/Masters – Athletics NSW
ENQUIRIES – 0410 578 775 / 0414 986 662

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- ✓ FIND OUT ABOUT JOBS
- ✓ BRING YOUR RESUME

Come and hear where the jobs are and what industries & employers have on offer. How to get these opportunities. Register on the night for VIP Job opportunities and experiences!!! Must register and attend on the night to WIN.....

4TH SEP 2019 5.30-8.30PM

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Building & Construction | Early Childhood Education & Care | Health Services Aged Care & Nursing | Mining | Engineering | Health & Beauty | Tourism & Hospitality | Business Services & Many more

Register Now

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Apprenticeship
& Training
Advisory
Committee

BELMONT SOFTBALL CLUB



REGISTER NOW

Registrations are now open for the 2019/20 Season.

Season commences 12 October 2019

Junior & Senior, Male & Female from 4yrs - 80+

Use your Active Kids Voucher

Benny Ball - from 4yrs

T-Ball - U10yrs

Junior Grades - U12, U14, U16 and U18

Seniors Grades - 4th to 1st

SAME PLACE, SAME TIME, EVERY SATURDAY

All teams play at Stevenson Park—Mayfield
Training is at Lumsden Field Belmont

For More Information Call: 0411 281 154

Email: softballbelmont@gmail.com
Website: <http://belmontsoftballclub.weebly.com>
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