# Quantum

June 2020



RESPECT REPSONSIBLITY RESILIENCE

We acknowledge the traditional custodians of this land and pay our respects to elders past and present

Phone: (02) 49450600

www.belmont-h.schools.nsw.edu.au

## FROM THE PRINCIPAL'S DESK

Hello to all our parents, carers and learning community members. Hope everyone is staying safe and enjoying the relaxing of the COVID-19 regulations as they come to pass.

School at BHS is slowly returning to normal with a pleasing average of 90% of students on site last week. Staff have been working diligently to ascertain where students are placed with their studies as there were considerable differences in the level of engagement in learning from home. While a little unsettled earlier in the week, by Friday students had, by and large, got back into the routine of being back at school. Nearly every student I have spoken to is enjoying being back with their friends and classmates and being taught by their regular teacher in their timetabled rooms.

Hygiene is still of paramount importance and we are still having an additional 14 hours a day of targeted cleaning to high use (toilets) and high touch (railings and banisters). Teachers carry a caddy with hand sanitiser, antiseptic wipes and tissues, with them to every class. Students largely have been very cooperative with this and realise the role we all have to play in staying safe and staying healthy.

Please be aware that there is a heightened sense of vigilance and awareness with any student, or staff member, presenting at school unwell and parents will be contacted immediately for pick up. We have sent a number of staff members home even with the mildest of flu like conditions - all have been tested for COVID-19 and none have tested positive.

On a positive note some things that have returned to normal with lots of practical lessons occurring across the whole school. We're cooking with gas again in hospitality and food tech, IT timber and construction are back in business as well as modified physical activities in sport and PDHPE. Also, science experiments are back on the "bunsen burner" and the microscopes are out as well. We've also got the Band back together and hopefully before long excursions and Support Unit Community Access visits will recommence. Great learning opportunities happening again for all our students at Belmont High School.

On a final note, I would like to say a huge thank you to the community, staff and students of BHS as my tenure comes to a close at the end of this term. I have enjoyed my time here immensely and will now return to my substantive position as Principal at Lake Munmorah High School.

D	ATES FOR YOUR DIARY
June 19 22-26 24 30	White Card Course Work Experience Week 2 Sport Choices Years 8-10 NAIDOC
July 2-3 3 20 21 27 29	RSA & RCG Course Last Day Term 2 Staff return Term 3 Students return Term 3 Trial HSC commences Year 7 & 8 Wellbeing Day
August 7 20 25 25 25 27	Trial HSC concludes Lizotte's Senior Music Showcase Year 5 Day Year 7 Vaccinations First Aid Course 2 Enrichment Test Year 7 2021

BHS is a fantastic school and one you all should be very proud of. The students here are delightful and even the "tricky" ones are polite and friendly most of the time!! I have come to know the staff really well and have found them to be an incredible team of hard working, passionate, intelligent and articulate group of teachers and support personnel - it has been my absolute privilege and pleasure to have been part of the team if only for three terms. I will certainly keep a watchful eye out for the school and its achievements in the years ahead.

As always take care, stay well and stay safe.

Kind regards,

Tony Keevill - Relieving Principal BHS

belmont-h.school@det.nsw.edu.au

## **DEPUTY PRINCIPAL'S REPORT**

It has been great to see our students back on site in such impressive numbers. The vast majority of students have been able to engage with substantial amounts of work online through CANVAS over the recent down time, with many other students having completed work through booklets. It is important that students upload their completed work to Canvas or submit their booklets to their class teachers so they can make an accurate assessment of their engagement and learning during the time when students were learning from home.

All the Deputy Principals enjoyed the experience of communicating with students online and running a full year meeting through Microsoft Teams. All BHS students are to be congratulated for their positive attitude and adaptability throughout. It is expected that some time may be needed to settle students back into the school routine and we also understand that with the shift in weather uniform can become a little more challenging; however, please be reminded that now we are back to full attendance normal school rules apply. As we continue to get on with the business of teaching and learning students will be notified as to how their assessment schedules will change and when to expect their first report for the year.

#### YEAR 7

Congratulations to Year 7 on their excellent application to completing classwork during learning from home. The large majority of students engaged in the online learning via Canvas or worked from student booklets if they did not have access to a device at home. It is important that students upload their completed work to Canvas or submit their booklets to their class teachers so they can make an accurate assessment of their engagement and learning during the time when students were engaged in learning from home.

Faculties are currently adjusting their assessment schedules for the remainder of this year to take into consideration the period of learning from home when all assessment tasks for Year 7 to 10 were postponed. I will provide all Year 7 with an amended assessment task calendar once I have collated the information. The schedule will also be placed on the school website and Year 7 Canvas page.

Keep up the fantastic work Year 7!

#### **YEAR 10**

Year 10 are about to enter a very important phase in their schooling as they select subjects for Year 11 and 12. Friday 5 June saw the start of the subject selection process where they attended a meeting to learn about their options for 2021-22. It is essential that all Year 10 students approach the selection process seriously so they can make wise choices about their goals for the future. The meeting was followed up with a livestream information session for parents and students on Wednesday 10 June, with Year 10 subject selection interviews following on Monday 15 June. Students will receive more information in their Careers lessons with Mrs Hilder regarding the selection process.

Year 10 students are strongly encouraged to start asking their teachers' questions about what subjects their faculties are offering and what is involved in each subject. Students should think about what they enjoy, what subjects they are achieving positive results in and what their goals are for when they finish Year 12. It is okay to not know what you want to do at the end of Year 12, though it does help to be well informed about your options.

Year 10 assessment schedules have been revised and updated due to COVID 10. Students received the revised schedule in their information 'goodies' bag on Friday 5 June at the Senior Subject Selection Expo. The schedule will also be available on the school website and the Year 10 Canvas course.

More details regarding the selection process will be provided in the Careers section of this newsletter. In summary:

Friday 5 June Year 11 and 12 Subject Selection Expo Period 1 in Gym – Goodies Bag

provided containing essential information.

Wednesday 10 June Year 10 Parent and Students information session via livestream. Link will be

emailed to students and parents on the day.

Monday 15 June Year 10 Senior Pattern of Study interviews in the library.

Year 10 only attend school for their interview time slot. Normal classes will

not be operating.

Friday 19 June Senior Subject Selections completed online
Monday 29 June Year 11 2021 Round 2 Selections open online
Friday July 3 Year 11 2021 Round 2 Selections completed online

#### YEAR 11

Overall Year 11 are to be commended on their efforts in learning from home. All students had access to a device with many provided by the school and students supported by staff when they encountered difficulties in accessing curriculum via Canvas. We do need to have all school devices returned as a matter of urgency as they are used to support learning for 7-12 students across all faculty areas. Students are reminded to upload completed work or if they engaged in hard copies submit this work to teachers for assessment. The Year 11 assessment schedule is proceeding as originally published due to the timing of tasks not being impacted by COVID 19.

Students are encouraged to utilise their teachers as well as the Senior Learning Hub for ongoing support with assessment. Half Yearly reports have been adjusted to reflect the impact of learning from home and will be emailed home during Week 10 of this term. Year 11 will receive a full school yearly report at the end of their Year 11 course.

#### **YEAR 12**

Mr Allenby would like to emphasise how impressed he has been with how Year 12 coped with the interruption to the HSC that COVID 19 has brought. Their capacity to shift to an online format was phenomenal and although we know it did not come without some anxiety for some, this ability to develop as an independent learner is a vital lifelong skill.

Year 12 will receive a full academic report at the end of this term. The Trial HSC Examinations are still set to commence Term 3 Week 2 and changes to subject assessment schedules have been minimal. Some students have expressed they actually prefer a remote learning model for many of their subjects, although all agreed at some point there is no replacement for that face-to-face contact. How Year 12 are surviving without their usual social outlets we can only imagine and we hope things return to as close to normal as possible, soon, so they can enjoy this amazing stage in their lives.

reminder that students should not be leaving school grounds during the day, unless it is their last period. Ms Edwards is available in the Senior Learning Hub to help out whenever needed. A sink and other facilities are on the way soon in the learning hub to further support our outstanding senior students.

Deputy Principals Mrs Gee (Year 7 & 10), Mr Allenby (Year 8 & 12), Mrs Spinks (Year 9 & 11)



#### **CANTEEN NEWS!**

Due to COVID-19 restrictions only 2 people are permitted to serve during recess and lunch.

To avoid long wait times students are encouraged to place a recess/lunch order before school. Canteen open from 8.45am.





# **EVERY DAY COUNTS....**

A day here or there doesn't seem like much, but...

When your child misses just	that equals	which is	and therefore, from Kindy to Year 12, that is	This means that the best your child can achieve is
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ a years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Give your child every Chance to succeed...

**Every day counts!** 





# **EVERY MINUTE COUNTS....**

When your child misses just	that equals	which is	and therefore, from Kindy to Year 12, that is
10 minutes a day	50 minutes of learning each week	Nearly 1½ weeks per year	Nearly ½ a year of school
20 minutes a day	1 hour and 40 minutes of learning each week	Nearly 2½ weeks per year	Nearly a year of school
½ hour a day	½ a day of learning a week	4 weeks a year	Nearly 1 ½ years of learning
1 hour each day	1 whole day of learning each week	8 weeks per year or nearly a term a year.	Over 2 ½ years of learning

Your child's best learning time is at the beginning of the day...

School starts at 9.00am DON'T BE LATE!

### P&C REPORT

With parts of our society returning to a new normal, the P&C thinks it is time to put the toe back in the water and meet again. Except for this meeting - we will not meet face to face - instead we plan to meet via ZOOM, which might work better for your busy lifestyle! You just click the link (even if you don't have a ZOOM account) and you can join other interested parents and staff - without leaving the comfort of your own home!

Since we last met in March a lot has happened in the life of the school and the P&C is a great forum for which we can obtain information about what has happened at the school as well as ask questions that we would like answered. In particular this meeting will concentrate on how the school is currently travelling, its current plans going forward, the school canteen and the job keeper subsidies for its workers. We promise to finish within the hour!

So please join us this Wednesday at 5:30pm, even if you have never been a part of a P&C meeting before. There will be no compulsion to pay anything or put your hand up and do anything! All you need to do is to click on the following http link.

Join Zoom Meeting

https://us02web.zoom.us/j/87407747227?pwd=dzE0b01XcmpuUFZ3cVFSemRUbzRMQT09&fbclid=lwAR3g0XV1JFqNtVTWU32yW7O05J0iMDMXtEw45fENVpHeIFtGJIPGwjmHcrM

Meeting ID: 874 0774 7227

Password: 051889

I hope to see you on Wednesday.

Stephen Taylor P&C President

### WELLBEING REPORT

During the unprecedented times of Covid-19, our staff worked tirelessly to ensure all students had the best possible access to curriculum-based learning activities. Learning packages from classroom teachers were collated and hand delivered to many of our students who had issues with connecting to our online platform of CANVAS. This was a wonderful opportunity to connect with our community and touch base with students and their families during extraordinary times. We ask students who received these to return them to your classroom teacher as they will be important for staff to monitor student learning during this time.

Our entire Wellbeing Team worked together in addressing any issues that arose during this time and made numerous phone calls in an effort to connect with students who needed additional support and reassurance.

Our school has now returned to full capacity, and staff have been working to assist students to transition successfully back into school life.

Karen Newman Head Teacher Wellbeing









## TAS

# Technology Mandatory Year 7 Material Technologies (Timber) - Mobile Phone Holders

An exercise in designing and creating to meet a need. Samples of finished and unfinished designs.

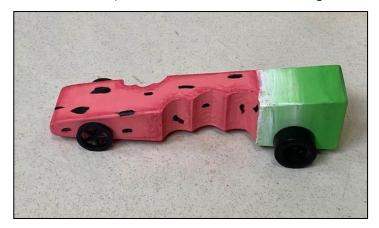






# Technology Mandatory Year 8 Engineered Systems- CO2 Racing Machines

Students investigated how force, motion and/or energy were utilised when designing engineered systems. They developed models using a range of tools, materials and equipment to test the functionality of design ideas and consider innovative applications of advancing technologies. Below are samples of students CO2 Racing Machines.





#### Year 9 Food Technology

Students in Year 9 are embarking on a new unit called 'Is It Good for Me?' where they are focusing on food for specific needs, looking at food selection and health. Students are making and analysing a range of healthy foods including smoothie bowls.







#### Year 10 Food Technology

Students are exploring the concepts of Food Product Development including hands on practice with creating their own food products.

Below are some pictures, featuring Marcus and Morgan, displaying their cooking skills as they explored, created and assessed the variations of "Cake in a MUG".





#### Year 11 Food technology

Students are studying Food Quality and Functional Properties of Food. Below are photos of students creating a stable foam following Heston Blumenthal's Chocolate Mousse recipe.





#### Junior IO Cooking

Students engaged in experiences to develop life skills. Jessica Coles from Year 12 works in this class as a mentor to support students with their practical experiences.



#### Year 12 Construction

Students from Year 12 have been working on formwork in construction in preparation for concrete slab



Year 8 Material Technology Metal

Wall decorations designed and made by the students.







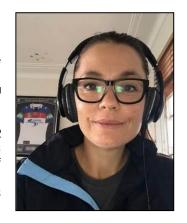


### CAREERS REPORT

Hi students and parents,

It's so nice to be back at school after Covid-19 railroaded the end of Term 1 and start of Term 2. We have welcomed students back to BHS and are enjoying being able to see them in real life! My online presence was fun, but I am so glad to be able to be back at school and helping students on a daily basis.

In this newsletter, there is a lot of good information for Year 10, 11 and 12 students. It is so important for students to keep up to date with what is happening in Careers - especially if they are looking to transition out of school. I can't stress enough the importance of checking their school emails, as this is where I send all correspondence and opportunities such as courses, jobs, traineeships and apprenticeships. Please remind your child to check regularly.



Looking forward, we hope that work experience and other transition programs will be back up and running but we must Department approval- so I will keep you all informed.

Year 12 have University applications open, and some have started to apply. Regular updates and information regarding University is on the Year 12 Career Hub page.

Year 11 have options available to them, if they are thinking about other educational pursuits. Please see information below regarding TAFE.

Year 10 senior subject selection process has begun and each student will make selections by the end of this term. Please have discussions with your child about future directions, as this will help them make informed decisions about what to study.

Finally, each week students are emailed local opportunities- if you would like to receive these emails, please let me know!

Kind regards Natalie Hilder Natalie.hilder@det.nsw.edu.au

#### YEAR 11 and 12 News

There are some great resources and information available to senior students to start thinking about their future pathways. Year 11 and 12 students should be following on Instagram or Facebook the following sites:

- UAC-University Admission Centre @uacinfo
- University of Newcastle @uni\_newcastle
- TAFE @tafensw and @huntertafe
- Hunter Career Hub @hunter\_career\_hub
- Year 13 @year13
- Any other University or industry/business of interest.

#### Year 12

Year 12 future directions information are being updated via our Year 12 Career HUB via Google Classroom-classroom code k4b7hlt. Currently 61 students are engaged on the platform.

#### Year 11

As we are now well aware, learning can occur in various settings - not just at school. Please see TAFE opportunities below which offer a more adult learning environment and may better suit your child's learning needs.

TAFE enrolments will open in June for a July start.

#### Courses at Belmont TAFE include:

- Cert III in Pathways to Further Study (Year 11 equivalent)
- Cert III in Business Admin
- Cert III in Accounts Administration
- Cert III in Business Admin (medical)
- Cert II in Electrotechnology

#### Course at Hamilton TAFE include

- Cert II in Baking
- Cert II in Kitchen Operations
- Cert II in Hospitality

Local job opportunities - Please see school email for details.

Wall and floor tiler – apprenticeship - Belmont Early childhood and education - traineeship- Warners Bay

#### Student Success

Congratulations to our School Based Trainee Georgia on her recent appointment at Sorrento Hair Belmont. Georgia will complete her HSC, Cert II in Salon Assistant and work at the salon. Well done Georgia!

#### Calendar of events

- White Card, Construction safety Course June 19<sup>th</sup> School hall
- Responsible Service of Alcohol Course July 2<sup>nd</sup> School hall
- Responsible Conduct of Gaming July 3<sup>rd</sup> School hall



Natalie Hilder Careers Adviser



#### OPENING HOURS

#### Terms 1, 2, & 4

Mon 12.30 – 1.30pm Tues 3.00 – 4.00pm Thurs 8.15 – 9.15am

#### Term 3

Mon 12.20 – 1.30pm Thurs 8.15 – 9.15am



111u15 0.15 – 9.15dili	
Blouse Junior/Senior	\$31
Skirt Junior/Senior	\$45
Unisex Shorts – Reg Length	\$25
Unisex Shorts – Longer Length	\$25
Unisex Everyday Polo	\$32
Unisex Hoodie	\$40
Chino Navy Long Pants – Male	\$45
Chino Navy Long Pants – Female	\$45
Microfibre Trackpants	\$38
Fleece Trackpants	\$38
Sloppy Joe	\$30
Polar Fleece Jumper	\$15
Knit Jumper	\$65-80
Hospitality Polo	\$30
Jacket	\$56

Online ordering - collect from Uniform Shop

www.countryfeelinguniforms.com.au Country.feeling@bigpond.com

0414 651 211



Belmont High School Building Harmony and Success





Is your child struggling to settle into high school?

Are they feeling overwhelmed with the amount of homework they have?

Do they have an upcoming assessment task they just can't get their heads around?

If you or your child is feeling a little overwhelmed with their workload, the Learning Hub is a safe and supported environment for them to turn to for a little extra help.

The Learning Hub is a dynamic learning environment designed to promote communication, collaboration, and creativity. This innovative initiative offered to Belmont High students aims to assist the young people that attend this school to engage with and feel supported in their education.

The Learning Hub has been designed to provide students with opportunities to develop their creativity, to own their learning, to think critically, to have access to educational support within the school environment outside of the classroom and to assist the students of Belmont High in developing and maintaining their connection with the school.

The Hub offers a range of services including:

- Study support
- Tutoring one-on-one/peer group
- Homework assistance
- Access to technology
- Group study space
- Classroom catch-up
- Student support services



The Learning Hub runs each Thursday as follows Senior students – 1.30pm – 4.00pm Junior students – conclusion of sport until 4pm

Senior students are now welcome to work with the Senior Study Coordinator every other day
Should you require further information please contact

Sarah Googe – Learning Hub Coordinator (Thursday)

Donna Edwards – Senior Study Coordinator (M, T, W, F)

Michael Allenby – Deputy Principal PHONE: (02) 4945066

BELMONT HIGH SCHOOL CANTEEN PRICE LIST						
HOT FOOD		SANDWICHES (White/Multigrain)				
Lean Meat Pie	\$3.00	Salad	\$3.50			
Lean Potato Pie	\$3.00	Ham, Cheese, Tomato	\$3.00			
Lean Sausage Roll	\$2.00	Egg, Lettuce	\$3.00			
Cheese & Bacon Sausage Roll	\$3.00	Chicken, Lettuce, Mayo	\$3.00			
Spinach & Ricotta Roll	\$3.00	We can also make sandwiches to order				
Spring Rolls	\$2.00	LAVASH WRAPS 1/2				
Hot Dog	\$2.50	Carrot, Lettuce, Chicken, Grated Cheese	\$3.00			
Gluten Free Nuggets (5) (Must be pre-ordered)	\$2.50	Wraps can also be made to order				
Chicken Fingers (5)	\$2.50	SNACKS				
Chicken Burger	\$4.50	Large Chips	\$2.00			
(Lettuce, mayo, 100% breast fillet)		Small Chips	\$1.00			
Sweet Chilli Burger	\$4.50	J.J.'s	\$1.00			
(2 chilli tenders, lettuce, mayo)		Pretzels	\$1.00			
DRINKS						
Icebreak	\$3.50	ICE BLOCKS				
600ml Plain Milk	\$1.60					
600ml Flavoured Milk	\$3.00	Frozen Juice Cup	.80c			
300ml Flavoured Milk	\$2.00	Zooper Doopers	.50c			
Small Juice	\$2.50	Moosies	\$1.00			
Large Juice	\$3.00	Frozen Yoghurt	\$2.00			
Up and Go	\$2.00	SAUCES				
Poppers	\$1.20	Tomato	.30c			
Regular Cans – Diet Drinks	\$2.20	Barbecue	.30c			
Waterfords	\$2.50	Sweet and Sour	.30c			
Water	\$1.00	FRESH FRUIT	\$1.00each			
Powerade	\$4.00					

#### BURGER OF THE WEEK (Rotational)

CHICKEN BLT \$5.50 / CHICKEN PARMA \$5.50 McBURGER \$5.50

PLEASE CHECK OUR BOARD FOR AVAILABILITY

#### PLEASE SEE WEEKLY AND TERM SPECIALS ON THE BACK

#### TERMS 1 and 4 ONLY

Chicken Caesar Salad Tub \$6.50

Salad Tub (GF) \$5.00 / with Chicken or Ham \$6.50

Chicken Caesar Wrap \$4.00

Watermelon Tub \$2.00

Fruit Salad Tub \$2.50

#### TERMS 2 and 3 ONLY

Soup of the Day with Roll \$3.50/\$4.00 depending on soup
Spaghetti Bolognese \$4.50
Pasta Carbonara \$4.00
Fried Rice \$4.00

#### **MONDAY and WEDNESDAY**

Nachos \$5.00 Vege Nachos \$5.00 Ham and Cheese Toastie \$3.00

#### TUESDAY and THURSDAY

Homemade Rissole and Gravy Roll \$5.00

#### **FRIDAY**

Burrito \$5.00 Chicken and Gravy Roll \$5.00

# THESE ITEMS ARE AVAILABLE ON A WEEKLY ROTATIONAL MENU — TERMS 1 and 4 ONLY PLEASE CHECK OUR BOARD

Homemade Vietnamese Rolls (2),(GF,V) with dipping sauce \$3.00 Homemade Sushi (GF) \$4.00 Bruschetta (V) \$3.50

Dip Box (dip, vege sticks, rice crackers (GF)) \$3.00

We also have Gluten Free bread available for orders only at an additional charge.





### \*\*\*\*\* FREE ROAD SIDE ASSIST\*\*\*\*

Ask about a FREE 6 Month Road Side Assist Membership with Club Evolution with a Service (t&c's apply)

Tel: 4947-7925



# Delivering Personalised Service

All types of servicing to all makes & models • All types of mechanical repairs Suspension kits • Exhaust repairs • Computer diagnostics • Rego checks (Inc. LPG)

**Brent McNiel** (Prop.)
Licenced Motor Mechanic

Ph. 02 4945 8666 Ph/Fax 02 4947 7925 E. belmontautoservice@bigpond.com PO Box 386 Wyong NSW 2259

4 Livingstone St. Belmont NSW 2280



We are a small family owned and operated workshop located next door to Belmont Public School in Livingstone Street, Belmont.

For professional, efficient car servicing and motor repairs that you can trust. With fast turnaround times and very competitive rates as our hallmarks, you will leave as a very satisfied customer knowing your vehicle is in excellent shape.

www.belmontautomotive.com.au

